City of Beverly Hills

Health and Safety Commission
Special Meeting

October 20, 2009
4:00 PM
City Hall Room 280-A

Enhancing the Health and Safety of Our Community
A detailed Commission packet is available for review in the Library and City Clerk's Office.

In accordance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please call the City Manager’s Office at (310) 285-1014. Please notify the City Manager's Office at least seventy-two hours prior to the meeting so that reasonable arrangements can be made to ensure accessibility. Conference Room 280-A is equipped with audio equipment for the hearing impaired, and is wheelchair accessible.

CITY OF BEVERLY HILLS
City Hall Room 280-A
AGENDA

HEALTH AND SAFETY COMMISSION REGULAR MEETING
October 26, 2009
4:00 p.m.

A. ROLL CALL

B. PLEDGE OF ALLEGIANCE

C. COMMISSION MINUTES
   • Consideration of minutes of September 21, 2009.

D. ORAL COMMUNICATIONS FROM THE AUDIENCE
   At this time, members of the public may address the Commission regarding any items not on the Agenda that are within the subject matter jurisdiction of the Commission. By State law, the Commission may not discuss or vote on items not on the Agenda.

E. REPORT FROM THE CHAIRPERSON
   • Mayor's Cabinet Meeting – October 14, 2009.
   • Other items of interest.

F. DIRECTOR'S REPORT
   • Report from Myra Lurie, Beverly Hills School District Board Member
   • Information Only:
     • Other Items

G. NEW BUSINESS

H. COMMENTS FROM COMMISSIONERS
   Commissioners' brief responses to public comments, questions for clarification, brief announcements, request for information, and brief reports on activities.

I. ADJOURNMENT
In accordance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please call the City Manager's Office at (310) 285-1014. Please notify the City Manager's Office at least twenty-four hours prior to the meeting so that reasonable arrangements can be made to ensure accessibility. Room 280-A is equipped with audio equipment for the hearing impaired, and is wheelchair accessible.
The meeting was called to order at 4:00 p.m.

A. ROLL CALL

Commissioners Present: Aronberg, Kopeikin, Judelson, Setian, Millan, Vice Chair Landau, Chair Seidel
Commissioners Absent: None
Staff: P. Mottice Muller, A. Tarazon

B. PLEDGE OF ALLEGIANCE
The Pledge of Allegiance was led by Chair Seidel.

C. COMMISSION MINUTES
MOVED by Aronberg, SECONDED by Landau to approve the minutes of the meeting on July 27, 2009 (7/0)
Ayes: Judelson, Aronberg, Landau, Seidel, Kopeikin, Millan, Setian
Noes: None
Absent: None
CARRIED.

D. ORAL COMMUNICATIONS FROM THE AUDIENCE
Lt. Tony Lee, City of Beverly Hills Police Department, was in attendance to congratulate Vice-Chair Landau on his upcoming Robert L. Shapiro award. The City of Beverly Hills Police Department will present Vice Chair Landau with the award at the October 6, 2009 City Council Meeting with a reception to follow.

E. REPORT FROM THE CHAIRPERSON
Commissioner Kopeiken reported on the following items that were discussed concerning Health and Safety issues at the Mayor’s Cabinet meeting:

• Traffic & Parking Commission discussed new parking meters by Roxbury Park and the Montage parking lot. The Commission also discussed Halloween parking with the City of West Hollywood.
• Recreation & Parks Commission discussed the upcoming Fright Night event at Greystone Mansion.
• Public Works Commission discussed the need for water rationing and customer friendly utility bills. The Hazardous Waste Roundup would be held on October 3, 2009.

MAYOR’S CABINET MEETING – SEPTEMBER 9, 2009
Chair Seidel reported on the following items that were discussed concerning Health and Safety issues at the Mayor’s Cabinet meeting:
• Recreation & Parks Commission would help promote the free Senior Health Fair at Roxbury on September 14, 2009 and could help promote upcoming Health & Safety Week.
• Public Works Commission reported water meters were updated and more precise.

OTHER ITEMS OF INTEREST
Chair Seidel reported the recent wildfires almost reached the NASA Jet Propulsion Laboratory in Pasadena where he works, but firefighters helped prevent that from happening.

Seidel also advised JPL uses the Everbridge system, the same notification as the City’s, and it worked perfectly in the recent wildfires situation.

He also spoke about the recent Coldwater Canyon water main line break, which shut down Coldwater Canyon for a couple of days.

F. DIRECTOR'S REPORT
REPORT FROM MYRA LURIE, BEVERLY HILLS SCHOOL DISTRICT BOARD MEMBER
The following items were reported by Myra Lurie, Beverly Hills School District Board Member:

• School is back in session. Students’ standardized test scores were at a record high.
• The school’s preparation for H1N1 Flu was discussed.
  • Chair Seidel discussed discouraging 100% attendance incentive programs for students. He did not want penalizations for students who were too sick to attend class but did because they were striving for perfect attendance. He suggested they be allowed online access to curriculum. Ms. Lurie responded that the schools are educating students and families about H1N1 and preparation and efforts were still continuing.
  • Commissioner Judelson suggested providing vaccinations to faculty members on one full day and Commissioner Millan responded on October 3, 2009 there would be a seasonal flu clinic offered free of charge at Cedars Sinai hospital for people age 18 and over, but there was no date yet for the H1N1 shots.
  • Vice-Chair Landau asked if the school district would be used as a point of distribution when the H1N1 Flu vaccine would be available and paid for by the federal government. Director Mottice-Muller responded that decision was made by the Los Angeles County Public Health Department and not by the City; and at this time Los Angeles County would not be setting up a Point of Distribution in the City including the school district location.
• The School Board had terminated the consulting company that is coordinating the use of funds from Measure E. An RFQ had gone out to obtain a new consulting firm. Community members were asked to help with interviewing firms and school site visits.
• Chair Seidel reported he had attended the Faculty Advisory Committee (FAC) and the Citizen’s Oversight Committee meeting. At the end of the FAC meeting he spoke about Measure E and the use of schools as evacuation centers in an emergency. Ms. Lurie explained the Faculty Advisory Committee was a committee of community members that were advisory to the BHUSD before decisions were made. She also explained the Citizen’s Oversight Committee was created to audit finances and ensure finances matched bonds.
Ms. Lurie also reported the “Every 15 Minutes” Drunk Driving program would hold its kick-off meeting on October 12 and the program would be held on May 24-25, 2010.

INFORMATION ONLY:

e) Commissioner Handbook

- Vice-Chair Landau thought the “Commissioner’s Role in a Disaster” addition to the Commissioner Handbook was terrific, especially for new Commissioners.

f) 2009 City Flu Shot Clinic

- Commissioner Millan encouraged people to take the pneumococcal and seasonal flu shots and high risk groups to get the H1N1 vaccinations.

OTHER ITEMS – NONE.

G. NEW BUSINESS

1. INTRODUCTION OF ARIEL TRIPPLETT, OFFICE OF EMERGENCY MANAGEMENT INTERN

Ariel Triplett, Office of Emergency Management intern was introduced to the Commission. Director Mottice-Muller explained her initial project focus would be H1N1 preparedness & response and Health & Safety Week. Ariel explained she was a student at St. Louis University and her focus was Public Health.

2. HEALTH AND SAFETY WEEK UPDATE

Commissioner Aronberg announced that on Wednesday, October 28, 2009 Dr. Karen Halligan, DVM would be speaking at City Hall in the Council Chambers regarding pets’ health and safety. Dr. Halligan is the Director of Veterinary Services at the Society for the Prevention of Cruelty to Animals of Los Angeles (spcaLA). She also helped out with animals abandoned by Hurricane Katrina and appears on TV news shows around the country. Commissioner Aronberg also reported the need for licensing, micro-chipping, vaccinations, and spay/neutering of pets would be discussed during Health and Safety week.

Commissioner Millan also announced a nurse from Cedars-Sinai would be speaking to seniors at Roxbury regarding stroke prevention. A group from Cedars-Sinai will also have a mobile unit to educate on strokes, provide blood pressure screening, offer a referral base, and provide diabetes screening. Sixteen registered nurses will also be in attendance to provide counseling to the public.

Director Mottice-Muller discussed the distribution of Health and Safety week flyers and cards and how the Commission wanted to go about getting them out the public. She suggested that Commissioners could pass out flyers at their local synagogues, schools, and PTA meetings and that she would provide the flyers and cards as soon as possible. They will also be distributed to Commissioners by PDF email. She also announced there could be a PSA on local cable for Health and Safety week and if the Commissioners would be available to make a public service announcement. Commissioners Landau, Judelson, and Millan volunteered to be available and dates were set.

Commissioner Judelson provided input on the flyers.
The question arose on how to get flyers and postcards out to all residents. Director Mottice-Muller and Commissioners discussed the costs of doing a mass mailing to all residents, and the Commission as a whole decided a mass mail out would be costly. Mottice-Muller suggested flyers and postcards be given to Commissioners to hand out wherever possible such as synagogues, churches, schools, and neighborhoods.

3. GREAT CALIFORNIA SHAKEOUT STAFF REPORT
Director Mottice-Muller reported for 2009 the annual Great California Shakeout would be a simple exercise of drop, cover, and hold and not an all day exercise like last year. She also reported the EOC had a tentative completion date of November 2009.

4. HEALTH AND SAFETY AWARDS
Commissioners requested this item to be moved to the next meeting on October 20, 2009.

5. H1N1 PLANNING
Commissioners discussed sharing with the community how much the City is involved in the H1N1 outreach.

6. OCTOBER COMMISSION MEETING
MOVED by Judelson, SECONDED by Setian to reschedule the Health and Safety Commission meeting for October to Tuesday, October 20, 2009 (6/0)
Ayes: Aronberg, Landau, Seidel, Kopeikin, Millan, Setian
Noes: None
Abstained: Aronberg
Absent: None
CARRIED.

H. COMMENTS FROM COMMISSIONERS
Chair Seidel, after living through the Station Fire, discussed the need to learn more about evacuation planning in the City. He suggested the Beverly Hills Police Department be invited to the next Health and Safety Commission meeting. Chair Seidel advised he would invite the JPL facilities manager and a few residents to provide their insight regarding the lessons learned from the Station Fire.

Vice-Chair Landau spoke about the recent Federal Communications Commission (FCC) ruling and restrictions on the emergency workers HAM radios hand bands. He questioned the possibility of the Commission writing a letter to the FCC. Director Mottice-Muller responded the Commission could do so and could all sign the letter.

Chair Seidel also announced there was a DUI checkpoint on Fridays from 10:00 p.m. to 2:00 a.m. on Sunset & Sierra streets.

Director Mottice-Muller encouraged Commissioners to hand out Health and Safety Week flyers to friends, rotary members, homeowner associations, and local churches and temples where they attended.
I. ADJOURNMENT
There being no further business, Chair Seidel, seconded by Commissioner Setian, adjourned the meeting at 6:15 p.m to the Health and Safety Week Ad Hoc Committee Meeting.

PASSED, Approved and Adopted
This ______ of ____________, 2009

______________________________
David Seidel, Chair
**HEALTH AND SAFETY COMMISSION CALENDAR**

**Updated: 10/13/09**

** = New Item Added

### OCTOBER 2009

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<th>Meeting/Event</th>
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<tr>
<td>Tues</td>
<td>20</td>
<td>4:00pm</td>
<td>** Health and Safety Commission Meeting</td>
<td>City Hall 280-A</td>
<td>All</td>
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<tr>
<td>Wed</td>
<td>28</td>
<td>7:00pm</td>
<td>** Dr. Karen Halligan - Keeping your Pets Healthy &amp; Safe</td>
<td>CC Chambers</td>
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<td>M-Sat</td>
<td>26-31</td>
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<td>Health and Safety Week</td>
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### NOVEMBER 2009

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<tr>
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<td>9:00-1:00p</td>
<td>Health and Safety Expo at Farmer's Market</td>
<td>Civic Center Drive</td>
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<td>280-B</td>
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# JANUARY 2010

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<td>Mayor's Cabinet Meeting</td>
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<td>City Hall 280-A</td>
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# MARCH 2010

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<td>4:00pm</td>
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For Immediate Release:
October 13, 2009

Schedule for First H1N1 Vaccination Clinics Available
Free H1N1 flu shots and FluMist® nasal spray vaccine will be available beginning October 23 at LA County Public Health Vaccine Clinics

LOS ANGELES – The Los Angeles County Health Officer, Dr. Jonathan E. Fielding, today released the schedule for the first round of Public Health vaccine clinics, which will provide free H1N1 vaccine to residents who do not have health insurance or a regular source of health care, and are in a priority group.

"Increasing amounts of H1N1 vaccine are expected to arrive in Los Angeles County on a weekly basis. Public Health’s vaccine clinics will provide vaccine free of charge to residents in the H1N1 vaccine priority groups who do not have health insurance or a regular source of health care," said Jonathan E. Fielding, MD, MPH, Director and Health Officer.

“For those with health insurance and a regular source of health care, all of the more than 3,000 healthcare providers in the county who ordered H1N1 vaccine should receive it. Starting at the end of this week, these residents may wish to contact their doctor to find out when the H1N1 vaccine will be available to them.”

The priority groups for H1N1 vaccine are:
- Pregnant women
- People living with or caring for infants under six months of age
- Emergency medical services personnel and health care workers
- Children and young adults from six months through 24 years
- People aged 25 through 64 years with chronic medical conditions like heart or lung disease, asthma, diabetes, or weakened immune systems

Public Health’s H1N1 vaccine clinics will begin on October 23, and will have H1N1 vaccine in many formulations, including injectable flu shots, FluMist nasal spray, and thimerosal-free vaccine. A list of dates and locations can be found on the Public Health website at www.publichealth.lacounty.gov or by calling the LA County information line at 2-1-1 from any landline or cell phone. The vaccine clinic schedule will be released two weeks at a time. Residents are urged to check back often if they do not immediately find a clinic that is conveniently located near them. Vaccine clinics will be scheduled from late October through at least December.

Influenza, more commonly known as the flu, causes approximately 36,000 deaths and more than 200,000 hospitalizations each year in the United States. While the average case of H1N1 is no worse than other types of seasonal flu, some individuals are at a higher risk for serious

-MORE-
complications. Since the spring, there have been 57 deaths in Los Angeles County attributed to H1N1.

"The best way to prevent the spread of flu is to wash your hands often; cover your mouth and nose when you cough or sneeze; avoid touching your mouth, nose and eyes; and get vaccinated," Dr. Fielding said. "If you are sick, stay home until at least 24 hours after the fever has gone away without the use of anti-fever medications. The same recommendation applies to children who go to school, daycare, or after-school programs."

**Talk to your doctor about H1N1 vaccine if you have any of the following:**
- Severe allergy to chicken eggs
- Severe reaction to influenza vaccination in the past
- Guillain-Barré syndrome (GBS)
- Moderate-to-severe illness with a fever (wait until recovering before getting vaccine)

The viruses in the flu shot are inactive (killed) so you cannot get the flu from the flu shot. Some minor side effects could occur, usually lasting only one to two days. These include:
- Soreness, redness, or swelling where the shot was given
- Low-grade fever
- Aches or pain

The viruses in the vaccine nasal spray are weakened and cannot cause the flu. In children, side effects are usually mild and can include runny nose, wheezing, headache, vomiting, muscle aches or fever. In adults, side effects can include runny nose, headache, sore throat or cough.

Most cases of H1N1 and seasonal flu can be treated by staying home, getting plenty of rest, drinking plenty of fluids and treating fever and aches and pains with over-the-counter medication, such as acetaminophen, ibuprofen, or naproxen (but not aspirin).

Residents should see a doctor if they have any of the following symptoms **along with** flu-like symptoms such as fever, coughing, tiredness, runny nose, etc:

<table>
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<tr>
<th>For children:</th>
<th>For adults:</th>
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<tr>
<td>• Fast breathing or trouble breathing</td>
<td>• Difficulty breathing or shortness of breath</td>
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<tr>
<td>• Bluish skin color</td>
<td>• Pain or pressure in the chest or abdomen</td>
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<tr>
<td>• Not drinking enough fluids or stopping urinating</td>
<td>• Sudden dizziness</td>
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<tr>
<td>• Not waking up or not interacting</td>
<td>• Confusion</td>
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<tr>
<td>• Being so irritable that a child does not want to be held</td>
<td>• Severe or persistent vomiting</td>
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<tr>
<td>• Flu-like symptoms that improve, but then return with fever and worse cough</td>
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<tr>
<td>• Fever with a rash</td>
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-MORE-
The Department of Public Health is committed to protecting and improving the health of the nearly 10 million residents of Los Angeles County. Through a variety of programs, community partnerships and services, Public Health oversees environmental health, disease control, and community and family health. Public Health comprises more than 4,000 employees and has an annual budget exceeding $750 million. To learn more about Public Health and the work we do, please visit http://www.publichealth.lacounty.gov or visit our YouTube channel at http://www.youtube.com/lapublichealth.

###
The influenza vaccine is recommended for those people age 60 and older, those with chronic heart, lung or kidney diseases, and those with diabetes, asthma or other chronic conditions. If you are hypersensitive to or have an allergy to eggs, or if you have a serious illness, please consult with your doctor about whether or not you should receive the flu vaccine.

Call 310.285.6840 for more information
At the October 20th meeting, a discussion/presentation will take place regarding evacuation planning. This will include a conference call with Alice Wessen and Kim Lievense from JPL. Sgt. Brad Cornelius and Fire Chief Greg Barton will provide information on Beverly Hills' evacuation plan.

Foothill residents Alice Wessen and Kim Lievense were directly affected by the proximity of the Station fire and had close interactions with police and firefighters regarding structure protection, life safety and evacuations. Their recent experiences will inform the commission on practical aspects of when evacuations become necessary and how to allow residents to protect their homes without risking their safety.
MEMORANDUM

TO: Health and Safety Commissioners
FROM: Ariel Triplett, Intern Office of Emergency Management
DATE: October 20, 2009
SUBJECT: Update on Health and Safety Week

Staff has been working hard in coordinating the Health and Safety Week activities.

Attached is the latest Health and Safety Expo vendor list.

Staff requests information on the attendance of the Commission at both events:
- Keynote Speaker on Wednesday, October 28, at 7pm in the City Council Chambers
- Health and Safety Expo on Sunday, November 19 to 1. There will be a special presentation at 11:00 so all Commissioners should meet at the stage at 10:50. Please let me know if you are available before or after the presentation and if so in what capacity? Would the Commission like its own booth? Would you like to assist in any other capacity.

Advertisement has been done. Additional help with advertising is greatly appreciated.

The Ad Hoc Committee will meet after today's Commission meeting.
Current as of 10/16/2009

Health and Safety Expo November 1, 2009

Confirmed Participants List:

1. Health Screenings by Cedar (H)
   a. CSMC Hand Washing/Immunization
   b. CSMC Diabetes Screening
   c. CSMC Health Education and Referral
   d. CSMC Stroke Information/Fall Prevention
   e. CSMC Blood Pressure
   f. CSMC Disaster Program
2. Cedars: Blood Mobile
3. Car Seat Safety – CHP (S)
4. SPCA – LA (S)
5. Safe –T-Proof & Quake Cottage (S)
6. American Red Cross Lifeline Services (H)
7. LA City Animal Care and Control (S)
8. The Maple Counseling Center Crisis Response Team (H)
9. Safe Moves (S)
10. LA County Public Health (H)
11. Quake Kare, Inc. (S)
12. Impact- Personal Safety (S)
13. National Weather Service (S)
14. SafetyBeltSafe, USA (S)
15. Automatic Generators, LT Electric & Lighting (S)
16. Alyssa Ann Rush Burn Foundation (H)
17. Teenline (H)
18. American Cancer Society (H)
19. LA Vector Control (H)
20. Safety Orange (S)
21. UB Wells - Holistic Health Practitioners (H)
22. Critter Trapper (S)
23. Cancer Control Society
24. KC Specialty -House Foam Protection (S)
25. Homewatch Caregivers (H)
26. Robin Sax – Child Fingerprinting (S)
27. GNLD – Nutrition and Health Alternative (H)
28. Alapet, LLC (S)
29. Franklin Hayes
30. Murphy’s Bone
(H)= Health Related
(S)=Safety Related

31. Heartcheck America
32. Save Your Fanny Pack
33. BHUSD/PTA
34. Office of Emergency Management (H & S)
35. Department of Community Development: Building and Safety (S)
36. Fire Department (S)
37. Police Department (S)
38. Park Rangers (S)
39. Department of Public Works (S)
40. Department of Recreation and Parks (S)

(H)=Health Related
(S)=Safety Related
For Immediate Release  
October 7, 2009  
Contact: Cheryl Burnett  
(310) 285-2454

Beverly Hills Announces Health and Safety Week 2009  
Something for All Ages ... and Even Cats and Dogs!

Beverly Hills, CA – “Beverly Hills: Be Healthy! Be Safe!” is the theme for this year’s Health and Safety week to be held October 26-November 1. Events and programs will occur throughout the week, culminating in the Health and Safety Expo on Sunday, November 1 in conjunction with the Farmers’ Market.

Health and Safety Week will include:

October 26  
Laurie Paletz, RN-BC from Cedars-Sinai Medical Center, will talk with seniors about stroke prevention  
Roxbury Park Community Center; 12 noon

October 28  
Dr. Karen Halligan, Animal Planet’s ‘virtual vet,’ will discuss, “Keeping Your Pets Healthy and Safe”  
City Council Chambers; 7 p.m.

November 1  
Health and Safety Expo  
Programs and information on a variety of health-related issues, including car seat checks, animal microchipping, first aid supplies, and health screenings. Agencies represented will include the American Red Cross, National Weather Service, Cedars-Sinai Medical Center, Vector Control and Maple Counseling Center  
Farmers’ Market; 9 a.m. to 1 p.m.

Health and Safety week was developed ten years ago through joint planning efforts between the City, the Beverly Hills Unified School District and the PTA Council. The event is now the signature platform of the Health and Safety Commission, whose mission is to enhance health
and safety in the Beverly Hills community through activities and programs which educate and raise awareness on these critical issues.

For more information on Health and Safety week programs and events, visit www.beverlyhills.org/safetyweek.

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