



# Farmers' Market

Summer is here and it's the perfect season for eating the rainbow at the farmers' market. Corn, peppers, peaches, tomatoes, summer squash, and that's just the start! Eating the rainbow means trying to get as many different colors on your plate during meal time as possible. We challenge you and your family to use the chart below in order to help your body get the full range of nutrients, vitamins and antioxidants that it needs. Ask your farmers for new items to try or ask the market staff for a new recipe. We are full of ideas!



	Red	Orange	Yellow	Green	Blue
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					

### Mark Your Calendar

<b>May 20</b>   Public Works Department Showcase		
<b>June 10</b>   Pie Bake a'la Beverly Hills & Piasta!		
<b>August 5</b>   PickleFest & 24 <sup>th</sup> Anniversary		
<b>EVERY SUNDAY</b>   Kid Zone - Pony rides & petting zoo		
<b>1st Sunday</b>  <b>E-Waste Pick Up &amp; Battery Collection</b>	<b>2nd Sunday</b> <b>Cookin' Kids</b>  <b>FARMERS' MARKET</b>	<b>4th Sunday</b>  <b>Beverly Hills Library Storytime</b>

### See you at the market!

Located along the 9300 block of Civic Center Drive between Third Street and Santa Monica.

Open Sundays from 9:00 a.m. to 1:00 p.m., rain or shine.

*Beverly Hills*



*Farmers' Market*