Greetings CERT volunteers, I hope this newsletter finds you and your loved ones healthy. COVID-19 vaccinations are increasing in the County, please keep informed and listen to the CDC guidelines, accordingly, consult with your Medical provider and local authorities.

As more and more activities are back to usual, this is the right time to keeping vigilant for your health and your family and remember to isolate if you feel any symptoms related to COVID-19.

This week information, as follows:

- COVID-19 vaccination updates
- JUST IN CASE BH
- Fire prevention
- Preparedness
- Upcoming CERT refreshers

Keep safe and share the importance of CERT in our community.

Neighbors helping neighbors.
Vaccination is rolling out to different groups, it’s very important to know the latest information.

Find more information by visiting https://myturn.ca.gov/

Stay updated about the vaccine by visiting beverlyhills.org/coronavirus or contact our Hotline at 310-550-4680 M-F 9a.m.-6p.m

Also stay in touch with your medical care provider for the latest information regarding vaccination appointments.
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Interested in learning more Fire safety resources and prevention tips, please visit
https://www.usfa.fema.gov/
Cooking fire safety essentials

Prevention tips to accompany our free photos:

- When cooking, stay in the kitchen and keep an eye on the stove.
- Wear short or tight-fitting sleeves when cooking.
- Keep towels, pot holders, curtains, and paper products away from the stove.

Always practice caution when cooking, please watch this short video for more information:

https://youtu.be/-JN8p-XX9xg

Also stay in touch with your medical care provider for the latest information regarding vaccination appointments.
Fire deaths can be reduced by teaching people the basic facts about fire. This video contains some simple messages to help you explain to community members the characteristics of fire:

https://youtu.be/yvRcPb0b1do

Think about your needs.

Be sure to keep your glasses, hearing aid, cane or wheelchair close to your bed at night. If there is an emergency, you will be able to grab them quickly as you leave.

Also stay in touch with your medical care provider for the latest information regarding vaccination appointments.
Upcoming Virtual CERT Refreshers

Tuesday, March 23, 2021 at 7pm.

*Triage Training*, in collaboration with Culver City CERT and Beverly Hills CERT. Register at: https://www.eventbrite.com/e/culver-city-cert-triage-refresher-additional-date-registration-144587801005 under BH CERT

Thursday, March 25, 2021 at 7 pm.

*Medical (First Aid-Hands-on CPR)*, join us to welcome our new CERT instructor Trisha Bodaghi, she is no stranger to the City of Beverly Hills, proactively working with BH CPR, the American Heart Association, Stop the Bleed Program and now proudly BHFD CERT instructor refreshing our medical skills.

Please register at: cert@beverlyhills.org subject line: WTB

Follow and Share our BHFD and Just in Case BH Social Media sites:

Facebook [@BeverlyHillsFire](https://twitter.com/BeverlyHillsFire) Instagram [@beverlyhillsfd](https://www.instagram.com/beverlyhillsfd) Twitter [@CityofBHFir](https://twitter.com/CityofBHFir)

Facebook [@JustincaseBH](https://www.facebook.com/JustincaseBH)

Also stay in touch with your medical care provider for the latest information regarding vaccination appointments.
Find out more about Los Angeles County Community Connect, brought to you by the Beverly Hills Fire Department. Together, Building a Safer Community Through Prevention, Preparedness & Response, complete your registration at: Beverly Hills Community Connect

Respectfully,
Gabriel Mier
C.E.R.T. Coordinator
Community Risk Reduction
City of Beverly Hills
Fire Department
445 N. Rexford Dr.
Beverly Hills, CA. 90210
O: 310-281-2754
C: 310-612-5762

Also stay in touch with your medical care provider for the latest information regarding vaccination appointments.