City of Beverly Hills

Health and Safety Commission
Regular Meeting

July 23, 2012
4:00 PM
City Hall Room 280-A
455 N. Rexford Drive

Enhancing the Health and Safety of Our Community
A detailed Commission packet is available for review in the Library and City Clerk’s Office.

In accordance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please call the City Manager's Office at (310) 285-1014. Please notify the City Manager’s Office at least seventy-two hours prior to the meeting so that reasonable arrangements can be made to ensure accessibility. Conference Room 280-A is equipped with audio equipment for the hearing impaired, and is wheelchair accessible.

CITY OF BEVERLY HILLS
City Hall Room 280-A
455 N. Rexford Drive
Beverly Hills, CA 90210
AGENDA

HEALTH AND SAFETY COMMISSION REGULAR MEETING
July 23, 2012
4:00 p.m.

A. ROLL CALL

B. PLEDGE OF ALLEGIANCE

C. COMMISSION MINUTES
   • Consideration of minutes of June 25, 2012.

D. ORAL COMMUNICATIONS FROM THE AUDIENCE
   At this time, members of the public may address the Commission regarding any items not on the Agenda that are within the subject matter jurisdiction of the Commission. By State law, the Commission may not discuss or vote on items not on the Agenda.

E. REPORT FROM THE CHAIRPERSON
   • Mayor’s Cabinet Meeting — July 10, 2012 (cancelled).
   • Other items of interest.

F. DIRECTOR’S REPORT
   • Report from Lewis Hall, Beverly Hills School District Board Member
   • Information Only:
     a) Commission Calendar
     b) Senior Falls, A Tool Kit to Prevent, What Can you Do To Prevent Falls NCIPC
     c) Home Modifications – Safety for Older Consumers
     d) La County Vector Control June 2012 Field Operations (Beverly Hills)
     e) Public Health Advisory – June 29, 2012 New West Nile Virus Positive in the City of Los Angeles (Zip Code 90024)
G. NEW BUSINESS
   1. National Night Out – provides an update on for National Night Out and a
discussion of the Commission’s participation.
   2. 2011/2012 Accomplishments – provides a review of the Commission’s
accomplishments).
   3. FY 2012-2013 – discussion of vision statement, work plan items, and
future City Council liaison meeting.
   4. Videotaping Future Meetings – provides information on the taping of
future Commission meetings.
   5. August Meeting – discuss canceling August 2012 meeting.

H. COMMENTS FROM COMMISSIONERS
   Commissioners’ brief responses to public comments, questions for clarification, brief
announcements, request for information, and brief reports on activities.

I. ADJOURNMENT
The meeting was called to order at 4:04 p.m.

A. ROLL CALL
Commissioners Present: Chair Judelson, Vice Chair Setian, Aronberg, Millan, Kopeikin, Landau, Seidel
Commissioners Absent: None
Staff: P. Mottice Muller, A. Tarazon, G. Mader, C. Di Renzo, R. Gale

B. PLEDGE OF ALLEGIANCE
The Pledge of Allegiance was led by Commissioner Landau.

C. COMMISSION MINUTES
MOVED by Seidel, SECONDED by Landau to approve the minutes with changes of the meeting on May 21, 2012 (6/0)
Ayes: Aronberg, Landau, Seidel, Millan, Vice Chair Setian, Chair Judelson
Noes: None
Absent: None
CARRIED.

D. ORAL COMMUNICATIONS FROM THE AUDIENCE
Alan Grushcow spoke to the Commission about his concerns about a 911 cell call he made that rolled over to LA City Dispatch causing a delay in response. He suggested follow up with LA City to discuss ways technology could be used to assist with this problem and the need to standardize the Beverly Hills dispatch phone numbers. He also suggested the City increase public outreach encouraging cell callers to provide a City location. Director Muller stated she would forward comments to Police Department.

E. REPORT FROM THE CHAIRPERSON
  Chair Judelson reviewed the items which were discussed by other Commissions at the May 8, 2012 Mayor’s Cabinet Meeting.
- Other items of interest.

F. DIRECTOR’S REPORT
Lewis Hall, Beverly Hills School District Board Member reported summer vacation had begun and there were no Health and Safety updates.
Information Only:
G. NEW BUSINESS

1. UPDATE FROM THE POLICE DEPARTMENT

Sgt. Mader reported the Alcoholic Beverage Commission (ABC) conducted a quarterly compliance investigation targeting the selling of alcohol to minors in Beverly Hills in March, 2012. He also mentioned that selling tobacco products to minors sting operations would be conducted twice a year.

Sgt. Mader also provided background history on calling 911 from cell phones. Commissioner Millan suggested providing information to the public regarding tips residents should follow when dialing 911. A discussion was held regarding social media updates including Nixle notifications and other contact notifications. Director Muller suggested adding a social media update item on a future Health and Safety Commission meeting agenda.

2. UPDATE FROM PUBLIC WORKS DEPARTMENT

Christian Di Renzo, Senior Management Analyst, gave an update on various public works utility issues including 2011 CCR (Consumer Confidence Report), emergency roll-off bins, backflow and cross connection hazards, and PPCP (pharmaceuticals and personal care products) in the water supply.

3. CABLE PROGRAMMING

Rick Gale, Cable TV and Video Associate, gave a presentation and sought input on the development of Health, Safety and Preparedness program for airing on Cable TV – Channel 10 and the internet. Gale and Director Muller asked the Commissioners for their suggestions and input regarding health, safety, and preparedness topics to be aired. Suggested issues included how to make an earthquake kit, what to do before, during, and after an earthquake, emergency preparedness for businesses, emergency preparedness for children, texting safety, emergency pet preparedness, fall prevention, first-aid, hand washing/sneezing/coughing/vaccinations (fall), pest control, red ants, West Nile virus, etc. (Spring), and information about strokes and diabetes.

Any safety programs related to the Police Department will be done in another cable program associated with the Police Department.
Gail Millan suggested calling the show “Danger Stoppers.” No commissioners suggested another name. Gail Millan stated it would be a fast paced reality show and the commissioners would be involved.

4. ELECTION OF CHAIR AND VICE-CHAIR
An election was held for a new Chair and Vice Chair.

MOVED by Landau, SECONDED by Judelson to elect Commissioner Karen Setian as Chair (6/0)
Ayes: Aronberg, Landau, Seidel, Millan, Vice Chair Setian, Chair Judelson
Noes: None
Absent: None
CARRIED.

MOVED by Kopeiken, SECONDED by Aronberg to elect Commissioner Gail Millan as Vice Chair (6/0)
Ayes: Aronberg, Landau, Seidel, Millan, Vice Chair Setian, Chair Judelson
Noes: None
Absent: None
CARRIED.

Commissioner Karen Setian was elected Chair and Commissioner Gail Millan was elected as Vice-Chair for the term July 1, 2012 through June 20, 2013.

5. NEW COMMISSIONERS RECRUITMENT
Director Mottice-Muller reported on the recruitment timeline and the process the City Clerk’s Office uses to replace the two Commissioners leaving office in November. Interviews would be held with the City Council Liaisons and most likely the Chair and Vice Chair or their appointees would be included.

6. DISASTER SUMMIT UPDATE REPORT
Director Mottice-Muller reported the Disaster Summit Update Report was included on the City Council Agenda meeting on June 19, 2012 as an informational item and City Council had no comment on the report.

H. COMMENTS FROM COMMISSIONERS
Commissioner Aronberg informed the Commission about “Honey Love,” an idea that informed the public on how to preserve beehives instead of destroying the hives.

Director Muller informed the commissioners they would be receiving renewed identification badges at the next Health and Safety Commission meeting.

I. ADJOURNMENT
There being no further business, Chair Judelson, with the consent of the Commission, adjourned the meeting at 6:32 p.m.
## HEALTH AND SAFETY COMMISSION CALENDAR

Updated: 7/16/12

### July 2012

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<th>Meeting/Event</th>
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<td>Mon</td>
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<td>4:00pm</td>
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<td>Sun</td>
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<td>9:00-1:00</td>
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<td>Tues</td>
<td>7</td>
<td>5:00-7:00pm</td>
<td>National Night Out</td>
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What You Can Do to Prevent Falls

Many falls can be prevented. By making some changes, you can lower your chances of falling.

Four things YOU can do to prevent falls:

1. **Begin a regular exercise program**
   
   Exercise is one of the most important ways to lower your chances of falling. It makes you stronger and helps you feel better. Exercises that improve balance and coordination (like Tai Chi) are the most helpful. Lack of exercise leads to weakness and increases your chances of falling. Ask your doctor or health care provider about the best type of exercise program for you.

2. **Have your health care provider review your medicines**
   
   Have your doctor or pharmacist review all the medicines you take, even over-the-counter medicines. As you get older, the way medicines work in your body can change. Some medicines, or combinations of medicines, can make you sleepy or dizzy and can cause you to fall.

3. **Have your vision checked**
   
   Have your eyes checked by an eye doctor at least once a year. You may be wearing the wrong glasses or have a condition like glaucoma or cataracts that limits your vision. Poor vision can increase your chances of falling.

4. **Make your home safer**
   
   About half of all falls happen at home. To make your home safer:
   
   - Remove things you can trip over (like papers, books, clothes, and shoes) from stairs and places where you walk.
   - Remove small throw rugs or use double-sided tape to keep the rugs from slipping.
   - Keep items you use often in cabinets you can reach easily without using a step stool.
   - Have grab bars put in next to your toilet and in the tub or shower.
   - Use non-slip mats in the bathtub and on shower floors.
   - Improve the lighting in your home. As you get older, you need brighter lights to see well. Hang light-weight curtains or shades to reduce glare.
   - Have handrails and lights put in on all staircases.
   - Wear shoes both inside and outside the house. Avoid going
barefoot or wearing slippers.
Home Modification Resources

Safety for Older Consumers

Each year, many older Americans are injured in and around their homes. The U.S. Consumer-Product Safety Commission (CPSC) estimates that in 1981, over 622,000 people over age 65 were treated in hospital emergency rooms for injuries associated with products they live with and use everyday.

CPSC believes that many of these injuries result from hazards that are easy to overlook, but also easy to fix. By spotting these hazards and taking some simple steps to correct them, many injuries might be prevented.

Use this checklist to spot possible safety problems which may be present in your home. Check YES or NO to answer each question. Then go back over the list and take action to correct those items which may need attention.

Keep this checklist as a reminder of safe practices, and use it periodically to re-check your home.

This checklist is organized by areas in the home. However, there are some potential hazards that need to be checked in more than just one area of your home. These are highlighted at the beginning of the checklist and short reminders are included in each other section of the checklist.

We encourage photocopying or reprinting this information.

We have provided the following home safety checklist. Please feel free to go through the list, check all "yes" and "no" responses that apply, and finally print out your results.

ALL AREAS OF THE HOME

In all areas of your home, check all electrical and telephone cords; rugs, runners and mats; telephone areas; smoke detectors; electrical outlets and switches; light bulbs; space heaters; woodburning stoves; and your emergency exit plan.

CHECK ALL CORDS

QUESTIONS
Are lamp, extension, and telephone cords placed out of the flow of traffic?

Yes [ ] No [ ]

Are cords out from beneath furniture and rugs or carpeting?

Yes [ ] No [ ]

Are cords attached to the walls, baseboards, etc. with nails or staples?

Yes [ ] No [ ]

Are electrical cords in good condition, not frayed or cracked?

Yes [ ] No [ ]

Do extension cords carry more than their proper load, as indicated by the ratings labeled on the cord and the appliance?

Yes [ ] No [ ]

**RECOMMENDATIONS**

Cords stretched across walkways may cause someone to trip.

- Arrange furniture so that outlets are available for lamps and appliances without the use of extension cords.
- If you must use an extension cord, place it on the floor against a wall where people cannot trip over it.
- Move the phone so that telephone cords will not lie where people walk.

Furniture resting on cords can damage them, creating fire and shock hazards. Electric cords which run under carpeting may cause a fire.

- Remove cords from under furniture or carpeting.
- Replace damaged or frayed cords.

Nails or staples can damage cords, presenting fire and shock hazards.

- Remove nails, staples, etc.
- Check wiring for damage.
- Use tape to attach cords to walls or floors.
Damaged cords may cause a shock or fire.

- Replace frayed or cracked cords.

Overloaded extension cords may cause fires. Standard 18 gauge extension cords can carry 1250 watts.

- If the rating on the cord is exceeded because of the power requirements of one or more appliances being used on the cord, change the cord to a higher rated one or unplug some appliances
- If an extension cord is needed, use one having sufficient amp or wattage rating.

**CHECK ALL RUGS, RUNNERS AND MATS**

**QUESTIONS** Are all small rugs and runners slip-resistant?

Yes [ ] No [ ]

**RECOMMENDATIONS**

CPSC estimates that in 1982, over 2500 people 65 and over were treated in hospital emergency rooms for injuries that resulted from tripping over rugs and runners. Falls are also the most common cause of fatal injury for older people.

- Remove rugs and runners that tend to slide.
- Apply double-faced adhesive carpet tape or rubber matting to the backs of rugs and runners.
- Purchase rugs with slip-resistant backing.
- Check rugs and mats periodically to see if backing needs to be replaced.
- Place rubber matting under rugs. (Rubber matting that can be cut to size is available.)
- Purchase new rugs with slip-resistant backing.

**NOTE:** Over time, adhesive on tape can wear away. Rugs with slip-resistant backing also become less effective as they are washed. Periodically, check rugs and mats to see if new tape or backing is needed.

**CHECK THE TELEPHONE AREA**

**QUESTIONS** Are emergency numbers posted on or near the telephone?
Yes [ ] No [ ]

Do you have access to a telephone if you fall (or experience some other emergency which prevents you from standing and reaching a wall phone)?

Yes [ ] No [ ]

**RECOMMENDATIONS**

In case of emergency, telephone numbers for the Police, Fire Department, and local Poison Control Center, along with a neighbor's number, should be readily available.

- Write the numbers in large print and tape them to the phone, or place them near the phone where they can be seen easily.
- Have at least one telephone located where it would be accessible in the event of an accident which leaves you unable to stand.

**CHECK SMOKE DETECTORS**

**QUESTIONS**

Are smoke detectors properly located?

Yes [ ] No [ ]

Do you have properly working smoke detectors?

Yes [ ] No [ ]

**RECOMMENDATIONS**

At least one smoke detector should be placed on every floor of your home.

- Read the instructions that come with the smoke detector for advice on the best place to install it.
- Make sure detectors are placed near bedrooms, either on the ceiling or 6-12 inches below the ceiling on the wall.
- Locate smoke detectors away from air vents.

Many home fire injuries and deaths are caused by smoke and toxic gases, rather than the fire itself. Smoke detectors provide an early warning and can wake you in the event of a fire.

- Purchase a smoke detector if you do not have one.
- Check and replace batteries and bulbs according to the manufacturer's instructions.
- Vacuum the grillwork of your smoke detector.
- Replace any smoke detectors which can not be re aired.
NOTE: Some fire departments or local governments will provide assistance in acquiring or installing smoke detectors.

CHECK ELECTRICAL OUTLETS AND SWITCHES

QUESTIONS Are any outlets and switches unusually warm or hot to the touch?

Yes [ ] No [ ]

Do all outlets and switches have cover plates, so that no wiring is exposed?

Yes [ ] No [ ]

RECOMMENDATIONS

Unusually warm or hot outlets or switches may in fact cause injury.

- Unplug cords from outlets and do not use the switches
- Have an electrician check the wiring as soon as possible.

Exposed wiring presents a shock hazard.

- Add a cover plate.

CHECK LIGHT BULBS

QUESTIONS

Are light bulbs the appropriate size and type for the lamp or fixture?

Yes [ ] No [ ]

RECOMMENDATIONS

A bulb of too high wattage or the wrong type may lead to fire through overheating. Ceiling fixtures, recessed lights, and "hooded" lamps will trap heat.

- Replace with a bulb of the correct type and wattage. (If you do not know the correct wattage, use a bulb no larger than 60 watts.)

CHECK SPACE HEATERS

QUESTIONS
Are heaters which come with a 3-prong plug being used in a 3-hole outlet or with a properly attached adapter?

Yes [ ] No [ ]

Are small stoves and heaters placed where they can not be knocked over, and away from furnishings and flammable materials, such as curtains or rugs?

Yes [ ] No [ ]

If your home has space heating equipment, such as a kerosene heater, do you understand the installation and operating instructions thoroughly?

Yes [ ] No [ ]

**RECOMMENDATIONS**

The grounding feature provided by a 3-hole receptacle or an adapter for a 2-hole receptacle is a safety feature designed to lessen the risk of shock.

- Never defeat the grounding feature.
- If you do not have a 3-hole outlet, use an adapter to connect the heater's 3-prong plug. Make sure the adapter ground wire or tab is attached to the outlet.

Heaters can cause fires or serious burns if they cause you to trip or if they are knocked over.

- Relocate heaters away from passageways and flammable materials such as curtains, rugs, furniture, etc.

Unvented heaters should be used with room doors open or window slightly open to provide ventilation. The correct fuel, as recommended by the manufacturer, should always be used. Vented heaters should have proper venting, and the venting system should be checked frequently. Improper venting is the most frequent cause of carbon monoxide poisoning, and older consumers are at special risk.

- Review the installation and operating instructions.
- Call your local fire department if you have additional questions.

**CHECK WOODBURNING HEATING EQUIPMENT**

**QUESTIONS** Is woodburning equipment installed properly?

Yes [ ] No [ ]

**RECOMMENDATIONS**
Woodburning stoves should be installed by a qualified person according to local building codes.

- Local building code officials or fire marshals can provide requirements and recommendations for installation.

NOTE: Some insurance companies will not cover fire losses if wood stoves are not installed according to local codes.

**CHECK THE EMERGENCY EXIT PLAN**

**QUESTIONS**

Do you have an emergency exit plan and an alternate emergency exit plan in case of a fire?

Yes [ ] No [ ]

**RECOMMENDATIONS**

Once a fire starts, it spreads rapidly. Since you may not have much time to get out and there may be a lot of confusion, it is important that everyone knows what to do.

- Develop an emergency exit plan.
- Choose a meeting place outside your home so you can be sure that everyone has escaped.
- Practice the plan from time to time to make sure everyone is capable of escape quickly and safely.

* Remember periodically to re-check your home.

**KITCHEN**

In the kitchen, check the range area, all electrical cords, lighting, the step stool, all throw rugs and mats, and the telephone area.

**CHECK THE RANGE AREA**

**QUESTIONS** Are towels, curtains, and other things that might catch fire located away from the range?

Yes [ ] No [ ]

Do you wear clothing (with short or close-fitting sleeves) while you are cooking?

Yes [ ] No [ ]

Are kitchen ventilation systems or range exhausts functioning properly and are they in use while you are cooking?
RECOMMENDATIONS

Placing or storing non-cooking equipment like potholders, dish towels, or plastic utensils on or near the range may result in fires or burns.

- Store flammable and combustible items away from range and oven.
- Remove any towels hanging on oven handles. If towels hang close to a burner, change the location of the towel rack.
- If necessary, shorten or remove curtains which could brush against heat sources. CPSC estimates that 70% of all people who die from clothing fires are over 65 years of age. Long sleeves are more likely to catch fire than are short sleeves. Long sleeves are also more apt to catch on pot handles, overturning pots and pans and causing scalds.
- Roll back long, loose sleeves or fasten them with pins or elastic bands while you are cooking.

Indoor air pollutants may accumulate to unhealthful levels in a kitchen where gas or kerosene-fired appliances are in use.

- Use ventilation systems or open windows to clear air of vapors or smoke.

CHECK ELECTRICAL CORDS

QUESTIONS

Are all extension cords and appliance cords located away from the sink or range areas?

Yes [ ] No [ ]

RECOMMENDATIONS

Electrical appliances and power cords can cause shock or electrocution if they come in contact with water. Cords can also be damaged by excess heat.

- Move cords and appliances away from sink areas and hot surfaces.
- Move appliances closer to wall outlets or to different outlets so you won’t need extension cords.
- If extension cords must be used, install wiring guides so that cords will not hang near sink, range, or working areas.
- Consider adding new outlets for convenience and safety; ask your electrician to install outlets equipped with ground fault circuit interrupters (GFCIs) to protect against electric shock. A GFCI is a shock-protection device that will detect electrical fault and shut off electricity before serious injury or death occurs.
For more information on cords, refer to the beginning of the checklist.

CHECK LIGHTING

QUESTIONS Does good, even lighting exist over the stove, sink, and countertop work areas, especially where food is sliced or cut?

Yes [ ] No [ ]

RECOMMENDATIONS

Low lighting and glare can contribute to burns or cuts. Improve lighting by:

• Opening curtains and blinds (unless this causes too much glare).
• Using the maximum wattage bulb allowed by the fixture. (If you do not know the correct wattage for the fixture, use a bulb no larger than 60 watts.)
• Reducing glare by using frosted bulbs, indirect lighting, shades or globes on light fixtures, or partially closing the blinds or curtains.
• Installing additional light fixtures, e.g. under cabinet/over countertop lighting.

* (Make sure that the bulbs you use are the right type and wattage for the light fixture.)

CHECK STEP STOOL

QUESTIONS

Do you have a step stool which is stable and in good repair?

Yes [ ] No [ ]

RECOMMENDATIONS

Standing on chairs, boxes, or other makeshift items to reach high shelves can result in falls. CPSC estimates that in 1982, 1500 people over 65 were treated in hospital emergency rooms when they fell from chairs on which they were standing.

• If you don’t have a step stool, consider buying one. Choose one with a handrail that you can hold onto while standing on the top step.
• Before climbing on any step stool, make sure it is fully opened and stable.
• Tighten screws and braces on the step stool.
• Discard step stools with broken parts.

* Remember: Check all of the product areas mentioned at the beginning of the checklist.

LIVING ROOM/FAMILY ROOM
In the living room/family room, check all rugs and runners, electrical and telephone cords, lighting, the fireplace and chimney, the telephone area, and all passageways.

**CHECK FIREPLACE AND CHIMNEY**

**QUESTIONS**

Are the chimneys clear from accumulation of leaves, or other debris that can clog them?

Yes [ ] No [ ]

Has the chimney been cleaned within the past year?

Yes [ ] No [ ]

**RECOMMENDATIONS**

A clogged chimney can cause a poorly burning fire to result in poisonous fumes and smoke coming back into the house.

- Do not use the chimney until the blockage has been removed.
- Have the chimney checked and cleaned by a registered or licensed professional.

Burning wood can cause a build up of a tarry substance (creosote) inside the chimney. This material can ignite and result in a serious chimney fire.

- Have the chimney checked and cleaned by a registered or licensed professional

**CHECK THE PHONE AREA**

For information on the telephone area, refer to the beginning of the checklist.

**CHECK PASSAGEWAYS**

**QUESTIONS**

Are hallways, passageways between rooms, and other heavy traffic areas well lit?

Yes [ ] No [ ]

Are exits and passageways kept clear?

Yes [ ] No [ ]

**RECOMMENDATIONS**
Shadowed or dark areas can hide tripping hazards.

- Use the maximum wattage bulb allowed by the fixture. (If you do not know the correct wattage, use a bulb no larger than 60 watts.)
- Install night lights.
- Reduce glare by using frosted bulbs, indirect lighting, shades or globes on light fixtures, or partially closing blinds or curtains.

Furniture, boxes, or other items could be an obstruction or tripping hazard, especially in the event of an emergency or fire:

- Rearrange furniture to open passageways and walkways.
- Remove boxes and clutter.

Remember: Check all of the product areas mentioned at the beginning of the checklist.

**BATHROOM**

In the bathroom, check bathtub and shower areas, water temperature, rugs and mats, lighting, small electrical appliances, and storage areas for medications.

**CHECK BATHTUB AND SHOWER AREAS**

**QUESTIONS**

Are bathtubs and showers equipped with non-skid slipmats, abrasive strips, or surfaces that are not slippery?

Yes [ ] No [ ]

**RECOMMENDATIONS**

Wet, soapy tile surfaces are slippery and may contribute to falls. Apply textured strips or appliques on the floors of tubs and showers.

**CHECK BATHTUB AND SHOWER AREAS**

- Use non-skid mats in the tub or shower, and on the bathroom floor.
- If you are unstable on your feet, use a stool with a non-skid surface, or grab bars in your shower can help prevent falls.
- Check existing bars for strength and stability, and repair if necessary

**CHECK THE WATER TEMPERATURE**

**QUESTIONS**
Is the water temperature 120 degrees or lower?

Yes [ ] No [ ]

RECOMMENDATIONS

Water temperature above 120 degrees can cause tap water scalds.

Lower the setting on your hot water heater to "Low" or 120 degrees. If you are unfamiliar with the controls of your water heater, ask a qualified person to adjust it for you. If your hot water system is controlled by your landlords, ask them to consider lowering the setting.

NOTE: If the water heater does not have a temperature setting, you can use a thermometer to check the temperature of the water at the tap.

- Always check water temperature by hand before entering bath or shower.
- Taking baths, rather than showers, reduces the risk of a scald from suddenly changing water temperatures.

CHECK LIGHTING

QUESTIONS

Is a light switch located near the entrance to the bathroom?

Yes [ ] No [ ]

RECOMMENDATIONS

A light switch near the door will prevent you from walking through a dark area.

- Install a night light. Inexpensive lights that plug into outlets are available.
- Consider replacing the existing switch with a "glow switch" that can be seen in the dark.

CHECK SMALL ELECTRICAL APPLIANCES

QUESTIONS

Are small electrical appliances such as hair dryers, shavers, curling irons, etc. unplugged when not in use?

Yes [ ] No [ ]

RECOMMENDATIONS
Even an appliance that is not turned on, such as a hairdryer, can be potentially hazardous if it is left plugged in. If it falls into water in a sink or bathtub while plugged in, it could cause a lethal shock.

- Unplug all small appliances when not in use.
- Never reach into water to retrieve an appliance that has fallen in without being sure the appliance is unplugged.
- Consider installing a ground fault circuit Interrupter (GFCI) in your bathroom outlet to protect against electric shock.

**CHECK MEDICATIONS**

**QUESTIONS**

Are all medicines stored in the containers that they came in and are they clearly marked?

Yes [ ] No [ ]

**RECOMMENDATIONS**

Medications that are not clearly and accurately labeled can be easily mixed up. Taking the wrong medicine or missing a dosage of medicine you need can be dangerous.

**CHECK MEDICATIONS**

- Be sure that all containers are clearly marked with the contents, doctor's instructions, expiration date, and patient's name.
- Dispose of outdated medicines properly.
- Request non child-resistant closures from your pharmacist only when you cannot use child-resistant closures.

**NOTE:**

Many poisonings occur when children visiting grandparents go through the medicine cabinet or grandmother's purse. In homes where grandchildren or other youngsters are frequent visitors, medicines should be purchased in containers with child-resistant caps, and the caps properly closed after each use. Store medicines beyond the reach of children.

**BEDROOMS**

In the bedroom, check all rugs and runners, electrical and telephone cords, and areas around beds.

**CHECK AREAS AROUND BEDS**

**QUESTIONS**
Are lamps or light switches within reach of each bed?

Yes [ ] No [ ]

Do you ever go to sleep with a heating pad which is turned on?

Yes [ ] No [ ]

Is there a telephone close to your bed?

Yes [ ] No [ ]

**RECOMMENDATIONS**

Lamps or switches located close to each bed will enable people getting up at night to see where they are going.

- Rearrange furniture closer to switches or move lamps closer to beds.
- Install night lights.

Never go to sleep with a heating pad if it is turned on because it can cause serious burns even at relatively low settings.

In case of an emergency, it is important to be able to reach the telephone without getting out of bed.

Remember: Check all of the product areas mentioned at the beginning of the checklist.

**BASEMENT/GARAGE/WORKSHOP/STORAGE AREAS**

In the basement, garage, workshop, and storage areas, check lighting, fuse boxes or circuit breakers, appliances and power tools, electrical cords, and flammable liquids.

**QUESTIONS**

Are work areas, especially areas where power tools are used, well lit?

Yes [ ] No [ ]

Can you turn on the lights without first having to walk through a dark area?

Yes [ ] No [ ]

**RECOMMENDATIONS**
Power tools were involved in over 5200 injuries treated in hospital emergency rooms to people 65 and over in 1982. Three fourths of these were finger injuries. Good lighting can reduce the chance that you will accidentally cut your finger.

Either install additional light, or avoid working with power tools in the area.

Basements, garages, and storage areas can contain many tripping hazards and sharp or pointed tools that can make a fall even more hazardous.

- Keep an operating flashlight handy.
- Have an electrician install switches at each entrance to a dark area.

Replacing a correct size fuse with a larger size fuse can present a serious fire hazard.

**CHECK FLAMMABLE AND VOLATILE LIQUIDS**

**QUESTIONS**

Are containers of volatile liquids tightly capped?

Yes [ ] No [ ]

**RECOMMENDATIONS**

If not tightly closed, vapors may escape that may be toxic when inhaled. Check containers periodically to make sure they are tightly closed.

NOTE: CPSC has reports of several cases in which gasoline, stored as much as 10 feet from a gas water heater, exploded. Many people are unaware that gas fumes can travel that far.

**CHECK FLAMMABLE AND VOLATILE LIQUIDS**

**QUESTIONS**

Are gasoline, paints, solvents, or others products that give off vapors or fumes stored away from ignition?

Yes [ ] No [ ]

**RECOMMENDATIONS**

Gasoline, kerosene, and other flammable liquids should be stored, out of living areas in properly labeled, non-safe containers.

**STAIRS**
For all stairways, check lighting, handrails, and the condition of the steps and coverings.

QUESTIONS

Are stairs well lighted?

Yes [ ] No [ ]

Are light switches located at both the top and bottom of inside stairs?

Yes [ ] No [ ]

RECOMMENDATIONS

Stairs should be lighted so that each step, particularly the step edges, can be clearly seen while going up and down stairs. The lighting should not produce glare or shadows along the stairway.

Use the maximum wattage bulb allowed by the light fixture. (If you do not know the correct wattage, use a bulb larger than 60 watts.)

Reduce glare by using frosted bulbs, indirect lighting, shades or globes on light fixtures, or partially closing blinds and curtains.

Have a qualified person add additional light fixtures. Make sure that the bulbs you use are the right type and wattage for the light fixture.

Even if you are very familiar with the stairs, lighting is an important factor in preventing falls. You should be able to turn on the lights before you use the stairway from either end.

If no other light is available, keep an operating flashlight in a convenient location at the top and bottom of the stairs.

Install night lights at nearby outlets.

Consider installing switches at the top and bottom of the stairs.

CHECK APPLIANCES AND POWER TOOLS

QUESTIONS

Has the grounding feature on any 3-prong plug been defeated by removal of the grounding pin or by improperly using an adapter?

Yes [ ] No [ ]

RECOMMENDATIONS
Improperly grounded appliances can lead to electric shock. Check with your service person or an electrician if you are in doubt.

**CHECK FLAMMABLE AND VOLATILE LIQUIDS**

**QUESTIONS**

Are containers of volatile liquids tightly capped?

Yes [ ] No [ ]

**RECOMMENDATIONS**

If not tightly closed, vapors may escape that may be toxic when inhaled. Check containers periodically to make sure they are tightly closed.

**NOTE:** CPSC has reports of several cases in which gasoline, stored as much as 10 feet from a gas water heater, exploded. Many people are unaware that gas fumes can travel that far.

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If no other light is available, keep an operating flashlight in a convenient location at the top and bottom of the stairs. Install night lights at nearby outlets. Consider installing switches at the top and bottom of the stairs.

**CHECK THE HANDRAILS**

**QUESTIONS**

Are sturdy handrails fastened securely on both sides of the stairway?

Yes [ ] No [ ]

Do the handrails run continuously from the top to the bottom of the entire flight of stairs?

Yes [ ] No [ ]

Are the coverings on the steps in good condition?

Yes [ ] No [ ]

Can you clearly see the edges of the steps?

Yes [ ] No [ ]

Is anything stored on the stairway, even temporarily?

Yes [ ] No [ ]

**RECOMMENDATIONS** The handrail should provide a comfortable grip and should always be used when climbing up or going down the steps.

- Repair broken handrails.
- Tighten fixtures that hold handrails to the wall.
- If no handrails are present, install at least one handrail (on the right side as you face down the stairs).

If the handrail doesn't extend continuously the full length of the stairs, people who are not aware of this might think they have come to the last step when the handrail stops. Misjudging the last step can cause a fall. A handgrip should be available for even one step.

- While using the stairs, try to remember that if the handrail begins beyond the first step or ends before the last step, you must be especially careful.
- Replace a short handrail with a longer one.
Worn treads or worn or loose carpeting can lead to insecure footing, resulting in slips or falls.

Worn or torn coverings or nails sticking out from coverings could snag your foot or cause you to trip.

Falls may occur if the edges of the steps are blurred or hard to see.

- Paint edges of outdoor steps white to see them better at night.
- Add extra lighting.
- If you plan to carpet your stairs, avoid deep pile carpeting or patterned or dark colored carpeting that can make it difficult to see the edges of the steps clearly.

Once you have completed the checklist, please feel free to print out and share your results with others.

A project of the National Resource Center on Supportive Housing and Home Modification, in affiliation with the Fall Prevention Center of Excellence, funded by the Archstone Foundation. Located at the University of Southern California Andrus Gerontology Center, Los Angeles, California 90089-0191 (213) 740-1364.
Beverly Hills

Mosquito Service Requests: 1

1) 05/22/12 – 316 S. McCarty Drive – “Caller is elderly and said her fishpond needs mosquito fish.”
Resolution – Backyard fishpond was stagnant; no mosquito breeding found. Delivered and planted a dozen mosquito fish.

Bee Service Requests: 17

1) 05/24/12 – 468 S. Spalding Drive – “Caller reported bee activity near the patio area.”
Resolution – Bees are going into the wall of the property; notified owner of this structural bee problem and recommended consulting with a P.C.O.

2) 05/24/12 – 509 N. Crescent Drive – “Caller reported bees located on the porch in the front of the house.”
Resolution – Bees are going into the wall of the home at the front porch way; Notified owner of this structural bee problem and recommended consulting with a P.C.O.

3) 05/25/12 – 625 N. Hillcrest Drive – “caller reported bees swarming the plastic pillar where the gate is attached to the wall of the house.”
Resolution – Bees are going inside a dividing wall; treated and attempted sealing the entrance.

4) 05/29/12 – 625 N. Hillcrest Drive (second call) – “Caller reports bee activity has started back near the plastic pillar again.”
Resolution – Re-inspected the same dividing wall and found no bee activity, and the original entrance remains sealed.

5) 05/30/12 – 306 N. Foothill Drive – “Caller reported bees inside the front yard under the eaves of the house.”
Resolution – Bees are entering the wall of home just under the eaves near the roof; recommended consulting with a P.C.O.

6) 05/30/12 – 153 S. Palm Drive – “Apartment manager reported a swarm of bees are attached to the front of the apartment complex.”
Resolution – The bee swarm had absconded prior to arrival.
7) 06/07/12 – 703 N. maple Drive – “Caller reported bees attached to small garden wall in backyard.”
Resolution – Bees entering the wall through a small hole; treated and attempted sealing the entry hole of the garden wall.
8) 06/07/12 – 315 N. Beverly Drive (Beverly Hills Brownie Company) – “Caller reported 1000’s of flying bees in front of business (Beverly Hills Fire Department on site)
Resolution – Fire Department had treated the swarm prior to arrival; assisted by sweeping and removing the dead bees and set out glue traps.
9) 06/08/12 – 203 N. Oakhurst Drive – “Caller reported bees swarming in the corner of property; not sure of source location.”
Resolution – Bees are inside the retaining wall; treated and attempted sealing the multiple entry holes in the wall.
10) 06/13/12 – 301 S. El Camino Drive (Beverly Hills City Hall) – “Caller reported bees in the back of property.”
Resolution – Bees are going into a dividing wall of property behind city hall; property owner will be notified.
11) 06/13/12 – 580 Arkell Drive – “Caller reported bees attached to a wall in their backyard.”
Resolution – Bees are going into the wall of the home through a hole; recommended consulting with a P.C.O.
12) 06/13/12 – 400 Dabney Lane – “Caller reported bees inside a bush at the corner of Dabney Lane and Wallace Ridge.”
Resolution – Found a hive inside a water meter box in front of home; treated, bagged and removed.
13) 06/14/12 – 241 S. Moreno Drive (Beverly Hills High School) – “Caller reported a bee swarm in a bush near the football field.”
Resolution – Used the district bee vacuum to remove the swarm.
14) 06/15/12 – 241 S. Moreno Drive (Beverly Hills High School – second call) – Caller reported another bee swarm has attached to football bleachers.”
Resolution – Treated, bagged and removed the swarm.
15) 06/18/12 – 450 N. Crescent Drive – “Caller reported a bee swarm across street in the tree.”
Resolution – Bees had absconded prior to arrival.
16) 06/18/21 – 715 N. Elm Drive – “Caller reported a large swarm of bees inside a bush in their backyard.
Resolution - Treated, bagged and removed the swarm.
17) 06/20/12 – 904 N. Rexford Drive – “Caller reported bees inside the water meter box in the alleyway.”

Resolution – Treated, bagged and removed the hive.
Public Health Advisory

June 29, 2012

A Dead Bird picked up in the City of Los Angeles (90024) has Tested Positive for West Nile Virus

This is to advise you that a dead bird (American Crow) collected in the City of Los Angeles, zip code 90024, has tested positive for West Nile virus (WNV). WNV is transmitted through the bite of an infected mosquito. Mosquitoes become infected when they first feed on birds that carry the virus, and then bite a human or animal.

Birds routinely travel many miles from their nighttime nesting locations to feed and scavenger during the day before they return to their root location in the evening again. Although positive birds collected in a specific area are significant with respect to trends on a wider basis, it does not definitively identify a specific city, zip code, or location as the site where the actual mosquito bite and infection occurred because of these birds extended daily travel patterns. Therefore, a bird infected in one location may die 1 to 10 miles away in another location. Positive results for sentinel chicken flocks, trapped adult mosquitoes, or squirrels are more specific with respect to the actual infection site.

There is no specific action that is required by the city, but the District recommends that the city make this information known to their residents through their normal communication process so people walking or sitting outside at dawn or dusk will take the appropriate precautions listed below to protect themselves from being bitten by infected mosquitoes.

Residents can protect themselves from WNV by doing the following:

- DEET - Apply insect repellent according to the label. Repellents containing DEET, picaridan, IR3535, and oil of lemon eucalyptus are the longest lasting and most effective. Repellents keep the mosquitoes from biting you.

- DAWN AND DUSK - Mosquitoes that carry WNV primarily bite in the early morning and evening so it is important to wear repellent at this time

- MOSQUITO PROOF YOUR HOME - Make sure that your doors and windows have tight-fitting screens to keep out mosquitoes. Repair or replace screens with tears or holes.

- DRAIN - Mosquitoes lay their eggs on standing water. Eliminate all sources of standing water on your property, including flowerpots, old car tires, rain gutters and pet bowls. Ensure that swimming pools, spas, and ponds are properly maintained. If you have an
ornamental pond, use mosquito fish. You can make an arrangement to pick up free mosquito fish at the District by calling 310-915-7370.

The public is encouraged to report dead birds to help with West Nile virus surveillance and control efforts. Dead birds should be reported to the toll-free hotline at 877-WNV BIRD (877-968-2473).

**Symptoms of West Nile virus:**

People infected with WNV can experience a variety of symptoms that may include: no symptoms, West Nile Fever, or West Nile Neuroinvasive disease. Symptoms usually occur 2-15 days after infection.

**Symptoms of “West Nile Fever” can include:**
- Headaches (often severe migraines)
- High fever
- Tiredness and body aches
- A skin rash and swollen lymph glands

These symptoms may last from several days to several weeks.

**Symptoms of “West Nile Neuroinvasive Disease” can include:**
- Severe Headache
- High Fever
- Stiff neck
- Stupor
- Disorientation
- Tremors, convulsions, muscle weakness
- Paralysis
- Coma: This form of the disease can lead to long lasting and/or permanent damage to the brain.

For mosquito problems or to pick up mosquito fish, call (310) 915-7370 Monday through Friday, 8:00 a.m. – 4:00 p.m.

If you have any questions, please contact Robert Saviskas, Executive Director, at (310) 915-7370 ext. 223 or at rsaviskas@lawestvector.org.

For additional information about the Los Angeles County West Vector & Vector-Borne Disease Control District and West Nile virus, please visit the District’s website at: [www.lawestvector.org](http://www.lawestvector.org). WNV results are updated on a weekly basis.
CITY OF BEVERLY HILLS
POLICY AND MANAGEMENT

MEMORANDUM

TO: Health and Safety Commission
FROM: Pamela Mottice-Muller, Director of Emergency Management
DATE: July 23, 2012

ATTACHMENTS: National Night Out Flyer
Assorted Sticker Examples
Commission Message Handout

The final plans for National Night Out will be discussed.

Lara Golnazarians and Alex Kaye will attend to staff at the OEM booth. The Commission will have a separate booth to staff. Lara will bring the Commission handouts, giveaways and tablecloths to the booth.

The following will also be discussed:
- Attendance
- Logistics
- Handouts
- Giveaways

Staff is seeking guidance on additional material the Commission would like to provide.
Join our Police Department, Fire Department, Public Library and Office of Emergency Management to celebrate "National Night Out"—for a more prepared and safe community.

The evening’s events will include the following:

- Police Department SWAT & K9 Display
- Fire Department Display
- Campfire songs & Story Telling
- Crime Prevention Information
- CPR display
- Health Screening
- Disaster, Health & Safety information
- Safe-T-Proof Quake Cottage
- Food & Desert Trucks & More

Free Parking in the Rexford & Crescent Public Parking Structures
Dr. Debra Judelson and Kar'en Setian have served as the Chair and Vice Chair from July 1, 2011 to June 30, 2012. During the time the Health and Safety Commission accomplished the following:

- Planned and held a Community Emergency Management Stakeholder Summit, which included over eighty-five leaders from the business, government, non-profit, faith/community based, volunteer organizations, medical and school communities.

- Rejuvenated the AM Radio Station 1500 on the AM dial posting new emergency and traffic information and maintaining current information. Updated software program to receive better City-wide coverage.

- In conjunction with the Police Department, continued to provide support and insight on the Neighborhood Watch Zone Program.

- Attended multiple Neighborhood Watch events including holding a very successful first National Night Out. Encouraged the event to continue for a second year. This law enforcement event is held nationwide every August 7.

- Provided input and support on the reinstatement of the City's Community Emergency Response Team (CERT) training and program.

- Two Commissioners became certified, with other community volunteers, in becoming a trainer for future CERT classes.

- Developed multiple Health and Safety Messages of the Month that were provided to the community using various methods.
• Studied and provided suggestions on the way the City provides emergency and disaster related information to the Community including the use of emergency sirens.

• Represented the Health and Safety Commission message at a variety of City events and speaking engagements.

• Provided input and supported the recommendation to the City Council the City join the Healthy Eating, Active Living City Initiative.

• Various Commissioners participated in the following events: Police Departments DUI checkpoint, 405 closures, LA Marathon, Every 15 Minutes Steering Committee, Baker to Vegas Run, became CERT and First Observer Trainers.

• Heard and provided input on the Wood Roof Replacement Ordinance Outreach plan.

• Recommended to City Council liaisons to maintain Commission as a seven member Commission.

• Provided input and updates on the City’s new website.

• Heard from the Fine Art Commission on the Fine Art fund.

• Provided guidance to a project which outreaches to businesses to provide services and goods in times of disasters.

• Provided suggestions on ways to improve Earth Day and suggested additional vendors/booths to participate.

• Heard public comment on the dangers of using fabric softness, the issues that still exist with dialing 911 with cell phones, toxic dumping, BH CPR, support of re-instating the CERT program and disaster preparedness tips and a kit.

• Heard presentations and provided input on a variety of Public Works related topics such as the City’s Water Quality report, emergency roll off bins, 2011 CCR, backflow and cross connection hazards and information on pharmaceuticals in the water supply.

• Heard presentation and suggested outreach on a trench cave-in accident.

• Heard a presentation provided by Public Works on toxic waste dumping. Provided suggestions, recommendations and heard comments from the community on this issue.
- Participated in a variety of Community events such as Fire Service Day, Farmers Market, Woofstock, Police Pancake Breakfast, and Earth Day.

- Heard a presentation and provided input on the City's social media program.

- Decided to modify the Health and Safety awards to be given out as warranted.

- Participated in the Shakeout Drill.

- Served as a member of the BHUSD FAC.

- Heard a report from High School Principal on the effectiveness of a previous recommended leadership program.

- Received a presentation by the City Attorney on the Brown Act, Form 170 and other related Commission matters.

- Provided subject matter suggestions on a new Cable program that will highlight Health, Safety and Preparedness information.

The following continues to be the goals of the Commission:
- To Create a "Community Culture of Awareness and Preparedness".
- To Encourage Good Decision Making and Battle Complacency on Health and Safety Matters.
- To Serve as Ambassadors to the Community on Health and Safety related Resources and Information.

Please review the above accomplishments. These accomplishments will be provided by the Chair and Vice Chair to the City Council Liaison when they meet in August. Please advise of any additions or changes. The Commission should be proud their accomplishments.
TO: Health and Safety Commission  
FROM: Pamela Mottice Muller, Director Office of Emergency Management  
DATE: July 23, 2012  
SUBJECT: FY 2012-2013: Discussion of Vision Statement, FY 12-13 Work Plan Items, and Future City Council Liaison Meeting

BACKGROUND  
Chair Setian and Vice Chair Millan will share their vision for the upcoming fiscal year. As part of this Vision discussion the Commission will discuss the Commission’s Work Plan Items as they appear in the City’s adopted 2012/2013 budget and this year’s Areas of Interest not yet decided upon by the Commission.

WORK PLAN  
These two work plan items were decided upon at the December 2011 meeting. The staff report for that agenda item is included in this packet.

The Health and Safety Commissions Work Plan Items for FY 2012 to 2013 are as follows:

- The Health and Safety Commission will support the re-instatement of the Community Response Team Program (CERT) and Neighborhood Watch Program (NHW). (DI)
- Develop Health and Safety messages to distribute to the Community in a variety of ways.

The Commission’s work plan was approved by the City Council as part of the budget adoption.

Also the Commission is asked to support the following Office Emergency Management Work Plan Items:

- Holding Large Scale Disaster Exercise.
- Continue to revitalize the AM Radio Station and increase use of Social Media
- Working with the Cable Office, develop education cable programming.
AREAS OF INTEREST
Historically the Commission has defined “Areas of Interest” which are subject matter/topics of interest to the Commission. This has not been done for FY 2012 to 2013. The Commission may want to identify “Areas of Interest” for the coming fiscal year.

RECOMMENDATION
Commissioners should be ready to discuss their own visions for the next year, what the work plan items actually mean and other areas of interest or focus.

In August the Chair and Vice Chair will meet with the City Council Commission liaisons to review the past years accomplishments, the vision, the work plan, and other areas of interest. This will give the Commission Council approval and direction. The Commission should provide input on what should be discussed at this meeting.
TO: Health and Safety Commission
FROM: Pamela Mottice Muller, Office of Emergency Management
DATE: December 19, 2011

Staff is currently entering into budget preparation. Work plan items for 2012/2013 are due by January 16th. The following provides information to assist in developing work plan items and areas of interest for the coming fiscal year.

ESTABLISHED GOALS
The ongoing goals of the Commission are:
- To Create a "Community Culture of Awareness and Preparedness"
- To Encourage Good Decision Making and Battle Complacency on Health and Safety Matters
- To Serve as Ambassadors to the Community on Health and Safety Related Resources and Information

The Commission decided to distinguish between work plan and items of interest. The definitions appear below.

Work Plan Items: an actual task that will be completed by the H&S Commission e.g. Health and Safety Week, Health and Safety Awards

Item of Interest: subject matter/topics of interest to the Commission. Commission may want to study or have a staff member, or a subject area expert or a community member provide information to the Commission or public.

Current Year: 2011/2012

Work Plan Items for the 2011/2012 are as follows:
- Support a Community Emergency Management Stakeholder Summit, which will include leaders from the business, government, non-profit, faith/community based, volunteer organizations, medical and school communities.
- Work with the Police Department to implement a new Neighborhood Watch Program
Areas of Interest For 2011/2012:
- Use of the City's AM radio station and increase its city-wide use.
- Establish and begin monthly health and safety messages.
- Use of Surgery Centers in the event of a disaster.
- Follow up from the Police Department regarding pedestrian and cyclist safety.

Next Fiscal Year: 2012/2013
The Commission needs to begin discussions on work plan items and areas of interest.

One suggested work plan item for 2012/2013 is to reinstate and support the CERT program.
Adrienne Tarazon, Health and Safety Commission administrative liaison will provide a report on the future videotaping of the Commission meetings. Staff recently attended training to learn how to operate the equipment. The videotaping will begin in September.

Staff will discuss the process, how it will work, what it means to the Commission and any changes or adjustments in procedures.
Historically, the August Health and Safety Commission meeting has been cancelled due to vacation schedules.

Staff requests that the Commission discuss whether or not to cancel the 2012 August meeting.