City of Beverly Hills

Health and Safety Commission
Regular Meeting

June 27, 2011
4:00 PM
City Hall Room 280-A
455 N. Rexford Drive

Enhancing the Health and Safety of Our Community
A detailed Commission packet is available for review in the Library and City Clerk’s Office.

In accordance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please call the City Manager’s Office at (310) 285-1014. Please notify the City Manager’s Office at least seventy-two hours prior to the meeting so that reasonable arrangements can be made to ensure accessibility. Conference Room 280-A is equipped with audio equipment for the hearing impaired, and is wheelchair accessible.

CITY OF BEVERLY HILLS
City Hall Room 280-A
455 N. Rexford Drive
Beverly Hills, CA 90210

AGENDA

HEALTH AND SAFETY COMMISSION REGULAR MEETING
June 27, 2011
4:00 p.m.

A. ROLL CALL

B. PLEDGE OF ALLEGIANCE

C. COMMISSION MINUTES
   • Consideration of minutes of May 23, 2011.

D. ORAL COMMUNICATIONS FROM THE AUDIENCE
   At this time, members of the public may address the Commission regarding any items not on the Agenda that are within the subject matter jurisdiction of the Commission. By State law, the Commission may not discuss or vote on items not on the Agenda.

E. REPORT FROM THE CHAIRPERSON
   • Mayor’s Cabinet Meeting – June 8, 2011.
   • Other items of interest.
      • Update on Report to Human Relations Commission on 6/16/11

F. DIRECTOR’S REPORT
   • Report from Myra Lurie, Beverly Hills School District Board Member
   • Information Only:
      a) Commission Calendar
      b) CPR Newsletter – June 2011
      c) Beverly Hills Patch Article: “BHPD Block Party Provides Fun and Information”
      d) Flyer for Homeowner Solar Class
      e) 405 Closure - July 15 through July 18
      f) Status of Implementation of Tobacco Ordinance
   • Other Items

G. NEW BUSINESS
   1. Toxic Waste Removal Follow Up – John Garcia, Solid Waste Manager
   2. Change of Chair/Vice Chair
   3. Review of Accomplishments - July 1, 2010 to June 30, 2011

• COMMENTS FROM COMMISSIONERS
   Commissioners’ brief responses to public comments, questions for clarification, brief announcements, request for information, and brief reports on activities.

• ADJOURNMENT
The meeting was called to order at 4:05 p.m.

A. ROLL CALL
   Commissioners Present: Aronberg, Seidel, Setian, Millan, Kopeikin Chair Landau, Vice Chair Judelson
   Commissioners Absent: None
   Staff: P. Mottice Muller, K. Ryan, J. Latta, D. Chase

B. PLEDGE OF ALLEGIANCE
   The Pledge of Allegiance was led by Commissioner Seidel

C. COMMISSION MINUTES
   MOVED by Aronberg, SECONDED by Seidel to approve the minutes of the meeting on April 25, 2011 (7/0)
   Ayes: Aronberg, Seidel, Setian, Millan, Kopeikin, Landau, Judelson
   Noes: None
   Absent: None
   CARRIED.

D. ORAL COMMUNICATIONS FROM THE AUDIENCE
   None.

E. REPORT FROM THE CHAIRPERSON
   Mayor’s Cabinet Meeting – May 10, 2011 - Chair Landau reviewed the items which were discussed by the other Commissions at the Mayor’s Cabinet Meeting.

   Other items of interest - None

F. DIRECTOR’S REPORT
   • Report from Myra Lurie, Beverly Hills School District Board Member – No Report, Ms. Lurie was not present at the meeting.
   • Information Only:
     a) Beverly Hills CPR Newsletter – May 2011
     b) Public Health News – Perinatal Depression
     c) Commission Calendar

   • Other Items
   Director Mottice Muller informed the Commission that the American Red Cross is updating its shelter agreement and site surveys with the Beverly Hills School District. The MOU will go to the BHUSD Board in June.
Director Mottice Muller told the Commission that the hazardous material item which was brought before the Commission by a resident at the April meeting will be re-visited at the June meeting, as the Public Works representative was not available to attend the May meeting.

Director Mottice Muller explained that an earthquake warning system is currently being examined in Los Angeles County. Commissioner Seidel noted that this system could be invaluable in lessening potential damage to utilities in the event of an earthquake. Director Mottice Muller asked Commissioners to let her know if anyone is interested in being trained to teach CERT classes.

Officer Don Chase spoke about the upcoming Neighborhood Watch meeting which will take place on Sunday, June 5th on Gale Drive between Wilshire Blvd and Gregory Way. Officer Chase told the Commission that he asked the Beverly Hills High School Graphics class to help him design a new flyer for the upcoming meeting, and presented a draft of the flyer designed by the students. The Commission approved the flyer with minor changes, and Officer Chase said that he will place the flyer as an ad in local newspapers. Officer Chase also reviewed the plan for the upcoming meeting. He also briefly discussed the NHW meeting which will coincide with “National Night Out” on Tuesday August 2nd from 5:00 to 8:00 p.m., stating that there will be additional activities including a hazardous material roundup, and the Quake Cottage at this event. Commissioner Millan will check with Cedars to see if they would be available to offer health screenings at this event.

G. NEW BUSINESS

1. REPORT ON THE STATUS OF THE TOPIC OF “NIGHTTIME SOCIAL EVENT AND IMPACT OF AMPLIFIED MUSIC AND ENTERTAINMENT IN RESIDENTIAL NEIGHBORHOODS” BEING STUDIED BY HUMAN RELATIONS COMMISSION

Human Services Administrator Jim Latta presented to the Commission regarding Nighttime Social Events and Impact of Amplified Music and Entertainment in Residential Neighborhoods. Mr. Latta gave background on the issue, and explained that the City has held a series of public meetings to get input on this matter from the public. The last of these meeting will take place on Tuesday May 24th. Mr. Latta shared with the Commission some of the feedback received from the public comments thus far. He also explained that once all of the public meetings are completed, staff will analyze all of the feedback and give a recommendation to the Human Relations Commission Council Liaison Committee in how to proceed.

Commissioners had a discussion, including each Commissioner offering their opinion. Following this discussion, the Commission agreed to submit the following statements on this issue:

- Recognize that noise poses a significant health risk that should be considered when making a decision.
- Education is a huge component that must be focused on. Use this opportunity to educate residents on this issue.
- Be consistent with similar ordinances as they relate to noise.
- The message should be that the community needs to respect their neighbors and their community.

2. GETS/WIRELESS PRIORITY SERVICE

Director Mottice Muller explained these services to the Commissioners, stating that they can sign up for WPS and pay for the service if they wished.
3. NEW TERRORISM ADVISORY SYSTEM AND OTHER IMPORTANT PUBLIC NOTIFICATIONS

Director Mottice Muller briefly discussed the types of notifications that can be received via text message, and encouraged Commissioners to sign up for the types of notifications that they are interested in receiving.

4. ELECTION OF CHAIR AND VICE CHAIR

The Commission’s precedents for electing the Chair and Vice Chair were reviewed by Director Mottice Muller.

MOVED by Aronberg, SECONDED by Kopeikin to nominate Debra Judelson to serve as the next Chairperson of the Health and Safety Commission (7/0)

Ayes: Aronberg, Judelson, Landau, Seidel, Kopeikin, Setian, Millan
Noes: None
Absent: None
CARRIED.

MOVED by Kopeikin, SECONDED by Seidel to nominate Karén Setian to serve as the next Vice Chairperson of the Health and Safety Commission (7/0)

Ayes: Aronberg, Judelson, Landau, Seidel, Kopeikin, Setian, Millan
Noes: None
Absent: None
CARRIED.

The terms for the new Chair and Vice Chair will begin in July, 2011.

5. HEALTH AND SAFETY AWARDS PRESENTATION

The logistics for the presentation of the Health and Safety Awards at the May 24th City Council meeting were reviewed.

H. COMMENTS FROM COMMISSIONERS

Commissioner Seidel asked if any Commissioners had been attending the School District’s Facility Advisory Committee meeting. Since no one had information on recent meetings, staff agreed to work with school district staff to obtain information on these meetings.

Chair Landau noted that on June 15th, he and volunteer Alex Kaye will give a presentation to a homeowner’s association regarding emergency preparedness.

Commissioners Setian told the Commission about a blood drive taking place on June 2nd at the high school in memory of his son, Vahagn Setian.

I. ADJOURNMENT

There being no further business, Chair Landau, with the consent of the Commission, adjourned the meeting at 6:15 p.m.

PASSED, Approved and Adopted
This ______ of ________________, 2011

_____________________________________
Peter Landau, Chair
# Health and Safety Commission Calendar

**Updated: 6/20/11**

## June 2011

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<td>4:00pm</td>
<td>Health and Safety Commission Meeting</td>
<td>Municipal Gallery</td>
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June 2011

Beverly Hills CPR Newsletter

In This Issue

Learn CPR Today!
Teach your Child to Save a Life

Quick Links
Register Now
About Us
Related Topics

Did you know?
In 1981 a program to provide telephone instructions in CPR began in King County, Washington. The program used emergency dispatchers to give instant directions while the fire department and EMT personnel were en route to the scene. Dispatcher-assisted CPR is now standard care for dispatcher centers.

Beverly Hills CPR June Class Schedule

BLS for Healthcare Providers
06/11/2011 @ 9:30am
06/18/2011 @ 2:00pm
06/28/2011 @ 6:30pm

The BLS for Healthcare Providers Course covers core material such as adult and pediatric CPR (including two-rescuer scenarios and use of the bag mask), foreign-body airway obstruction, and automated external defibrillation.

Heartsaver CPR/AED
06/11/2011 @ 9:30am
06/18/2011 @ 2:00pm
06/28/2011 @ 6:30pm

The Heartsaver CPR Course teaches CPR and relief of choking in adults and children and infant CPR and relief of choking, and use of barrier devices and Automatic External Defibrillators for all ages.

BLS/HS Instructor Course
06/18/2011 @ 9:00am
The Heartsaver First Aid Course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes General Principles, Medical Emergencies, and Injury Emergencies. Optional topics include CPR and AED, and Environmental Emergencies.

**Heartsaver First Aid**  
06/11/2011 @ 1:00pm

The Heartsaver Pediatric First Aid Course teaches how to manage illness and injuries in a child in the first few minutes until professional help arrives. Topics include First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Optional First Aid Topics, and CPR and AED.

**Heartsaver / Pediatric First Aid**  
06/11/2011 @ 1:00pm

Friends & Family CPR  
06/15/2011 @ 5:30pm

Family members, friends and members of the general community who want to learn CPR but do not need a course completion card. The Family & Friends CPR program teaches how to perform CPR in adults, children, and how to help an adult or child who is choking.

Friends & Family Infant CPR  
06/15/2011 @ 7:00pm

The Family & Friends CPR program teaches how to perform CPR on infants, and how to help an infant who is choking. The Family & Friends CPR program teaches how to perform CPR infants and how to help an infant who is choking.

Pet CPR  
Call for Schedule

Please be advised that we also offer all of our classes as an online course followed by a short skills test that takes place one hour prior to each of our regularly scheduled classes.

A very special thanks goes out to Mercedes-Benz of Beverly Hills. Thanks to their generous donation, the entire freshman class, over 500 students, will be trained in CPR/AED and First Aid at Beverly Hills High School.
Beverly Hills CPR is a non-profit organization that relies on donations from the community to keep the program running. Through your generous donation you are helping to save a life.

To make a donation you can reach us at the contact information provided above.
Learn CPR Today!

AHA Training Courses Available:

BLS
Heartsaver CPR/AED
First Aid

Beverly Hills CPR
An American Heart Association Regional Training Center
455 North Rexford Drive,
Beverly Hills, CA 90210
(Next to the Fire Department and City Hall, across the street from
the Police Station and Public Library.)
310-281-2753
www.BHCPR.org

Teach your Child to Save a Life
By John Bonifield, CNN Medical Producer
May 12, 2011 7:48 a.m. EDT

Tristan Saghin kisses his younger sister, Brooke. Tristan saved Brooke's
life after she fell into a swimming pool last month.

(CNN) -- The Saghin family was getting ready for church
He told his grandmother to call 911 -- an impressive feat for any kid -- and then he did something even more remarkable:

"Tristan jumped down and started doing CPR. He just did it," Tristan's father, Chris Saghin, says. He remembers his son telling him, "I really didn't think. I just knew I had to do something."

Tristan knew how to save his sister's life only because his parents had taught him.

"He plays army and medic all the time. He wants to be a medic," Saghin says. "It's kind of his passion."

That passion has made Tristan an inquisitive little boy. He was watching a movie -- the war film "Black Hawk Down" -- and he took notice when a character performed CPR on a victim.

"Hey dad, how's that actually keeping him alive? He's dying," Saghin recalls his son asking.

Chris and Kim seized the opportunity and taught Tristan CPR on a full-size Halloween skeleton they had in the house.

"You don't expect that to ever come to a place where it saves your daughter," Saghin says. "He feels proud that he did it, and we tell him, 'We're real proud of you.'"

Click Here to read the full article.

Arizona Little Leager, 13, Killed After Pitch Hit Chest

SportsIllustrated.cnn.Com
Published: Friday June 3, 2011 9:04PM

PHOENIX (AP) -- A 13-year-old Arizona boy was killed in a freak accident after a baseball hit him over the heart as he tried to bunt, officials in his Little League said Friday. Hayden Walton went for the bunt during a game Tuesday night in the close-knit northern Arizona city of Winslow, said Jamey Jones, a Winslow Little League official.

"He took an inside pitch right in the chest," Jones said. "After that he took two steps to first base and collapsed."
He died the next morning at a local hospital.

The boy's parents, who were at the game, are heartbroken, shocked and unable to speak to members of the media, league president and family spokesman Dale Thomas said.

"It's a hard thing to handle for everyone," Thomas said. "When you're touched by something of this magnitude, it sends shock waves throughout the community."

Thomas said he grew up around the boy's family and described Hayden as "the epitome of what every little boy ought to be." Besides participating in Little League, Hayden was a Boy Scout, loved to work on cars and helped neighborhood widows by mowing their lawns and doing odd jobs for them, Thomas said.

He said Hayden had a younger sister.

For the complete article, click here.
MEMORANDUM

TO: Health and Safety Commission
FROM: Pamela Mottice Muller, Director Office of Emergency Management
DATE: June 27, 2011
SUBJECT: Update on "Nighttime Social Event and Impact of Amplified Music and Entertainment in Residential Neighborhoods"

On June 16, 2011, Chair Peter Landau and Commissioner Dr. Sandra Aronberg appeared in front of the Human Relations Commission to review the Health and Safety Commission recommendations on the "Nighttime Social Event and Impact Amplified Music and Entertainment in residential Neighborhoods". A member of the Human Relations Commission was interested in the health risk of noise as referenced the Health and Safety recommendations. Chair Landau and Commissioner Dr. Aronberg will review the June 16 proceedings with the Commission.

It was noted by Commissioner Aronberg that the Commission did not study this issue in depth by bringing in expert witnesses, etc. The Commission just recognizes the basic facts that noise is a form of pollution and can have health risks. The Human Relations Commission asked if the Commission supported the World Health Organization's (WHO) report that Human Relations Commission was provided. The Commission was advised the Health and Safety Commission recognizes the WHO as an expert in a variety of health related issues but the Health and Safety Commission had not studied or voted on the support of this document.

At this moment the Human Relations Commission is not asking the Health and Safety Commission to study the issue further.

The WHO report can be found at:

http://www.euro.who.int/_data/assets/pdf_file/0008/136466/e94888.pdf

A copy of the Conclusion and the table of contents are included. A hard copy of the document will be available at the meeting.

Also included are other articles on the subject matter provided by Commissioner Aronberg.
7. CONCLUSIONS

Lin Fritschi
A. Lex Brown
Rokho Kim
Dietrich Schwela
Stelios Kephalopoulos

Environmental noise: a public health problem

Environmental noise, also known as noise pollution, is among the most frequent sources of complaint regarding environmental issues in Europe, especially in densely populated urban areas and residential areas near highways, railways and airports. In comparison to other pollutants, the control of environmental noise has been hampered by insufficient knowledge of its effects on humans and of exposure–response relationships, as well as a lack of defined criteria. In 1999, WHO published its Guidelines for community noise (1).

The European Parliament and Council adopted Directive 2002/49/EC of 25 June 2002 (2) with the main aim of providing a common basis for tackling noise problems across the EU. This Directive defines environmental noise as unwanted or harmful outdoor sound created by human activities, including noise from road traffic, railway traffic airports and industrial sites, and focuses on three action areas: the determination of exposure to environmental noise through noise mapping, based on common assessment methods; the adoption of action plans by the Member States based on noise-mapping results; and public access to information on environmental noise and its effects.

Among the various effects of environmental noise, health effects are a growing concern of both the general public and policy-makers in the Member States in Europe. Most of the assessments performed so far to evaluate the impact of environmental noise have been based on the annoyance it causes. Its consideration as a public health problem with measurable health outcomes has been limited (3).

In 2009, WHO published the Night noise guidelines for Europe (4). This publication presented new evidence of the health damage of nighttime noise exposure and recommend threshold values that, if breached at night, would threaten health. An annual average night exposure not exceeding 40 dB outdoors is recommended in the guidelines.

Considering the scientific evidence on the threshold of night noise exposure indicated by $L_{\text{night}}$ as defined in Directive 2002/49/EC, a $L_{\text{night}}$ value of 40 dB should be the target of the night noise guidelines to protect the public, including the most vulnerable groups such as children, the chronically ill and the elderly. A $L_{\text{night}}$ value of 55 dB is recommended as an interim target for countries that cannot follow night noise guidelines in the short term for various reasons and where policy-makers choose to adopt a stepwise approach. These guidelines can be considered an extension to the previous WHO Guidelines for community noise (1).

Over the past few years, the working group of experts convened by the European Centre for Environment and Health, Bonn Office and supported by the Joint Research Centre of the European Commission, has collaborated to estimate the burden...
of disease from environmental noise, using available evidence and data to inform policy-makers and the public about the health impacts of noise exposure in Europe. The chapters in this publication contain the summary of synthesized reviews of evidence on the relationship between environmental noise and specific health effects. Following the EBD methodology of WHO, the health impacts of environmental noise were estimated using exposure–response relationships, exposure distribution, background prevalence of disease and DWS. For each chapter on specific health outcome, a case study is provided. Policy-makers and their advisers can use these chapters as good practice guidance for the process of quantifying specific health risks of environmental noise.

**Effects of environmental noise on selected health outcomes**

The severity of health effects due to noise versus the number of people affected is schematically presented by Fig. 7.1. Annoyance, sleep disturbance, cardiovascular disease, cognitive impairment, hearing impairment and tinnitus were initially selected by the working group as health outcomes related to environmental noise.

**Fig. 7.1. Severity of health effects of noise and number of people affected**

![Diagram](image)

Source: Babisch (3).

Sufficient evidence was available to perform calculations of burdens of such outcomes as annoyance, sleep disturbance and cardiovascular disease. The epidemiological evidence was not as sufficient but was still enough for assuming the relationship of environmental noise to cognitive impairment and tinnitus. The epidemiological studies linking hearing impairment to environmental noise exposure are so sparse that any generalization can be considered exploratory and speculative. Therefore, following the recommendations of the peer-reviewers, the chapter on hearing impairment was not included in this publication.
Cardiovascular disorders
The noise indicators used for noise mapping in the EU can—in principle—be used for a quantitative risk assessment regarding cardiovascular risk if exposure–response relationships are known. Only two end-points—hypertension and ischaemic heart disease—should be considered at this stage. If necessary, different exposure–response curves could be used for different exposures. The noise indicator $L_{den}$ may be useful for assessing and predicting annoyance in the population. However, non-weighted day and night noise indicators may be more appropriate for health-effect-related research and risk quantification.

Cognitive impairment
Scientific evidence indicates the adverse effects of chronic noise exposure on children’s cognition. There is no generally accepted criterion for quantification of the degree of cognitive impairment into a DW. However, it is possible to make a conservative estimate of loss in DALYs using the methods presented in this chapter. It is important to consider the assumptions, uncertainties and limitations of the methods when interpreting the estimated values of EBD.

Sleep disturbance
Although self-reported sleep disturbance may not reflect the total impact of nighttime noise on sleep, it is the effect for which exposure–response relationships on the basis of $L_{night}$ are available for the most important noise sources. Furthermore, while it is hard to weigh self-reported sleep disturbance, it may be even harder to assign a DW to physiological changes indicating a certain degree of sleep fragmentation. Now that exposure data from noise mapping will become available as well as the exposure–response relationships, the prevalence of self-reported sleep disturbance can be estimated.

Tinnitus
There is a method to estimate burden of tinnitus from environmental noise based on expert opinion, which will be useful as a starting point using conservative assumptions and approaches.

Annoyance
There are relatively many data directly obtained from exposed humans in the field from which exposure–response relationships for noise annoyance could be derived. It is hard to weigh “annoyance” and it is difficult to relate it to existing DW values. However, if the national and local authorities are willing to take into account the most common complaints of environmental noise, they could assign an acceptable DW value to annoyance, and estimate EBD accordingly.

Estimated DALYs for western European countries
It is estimated that DALYs lost from environmental noise in the EU countries are 60 000 years for ischaemic heart disease, 45 000 years for cognitive impairment of children, 903 000 years for sleep disturbance, 21 000 years for tinnitus and 587 000 years for annoyance. Sleep disturbance and annoyance mostly related to road traffic noise comprise the main burdens of environmental noise in western Europe. If all
of these impacts are considered together, the interval estimate would be 1.0–1.6 million DALYs.\(^9\) The total burden of health effects from environmental noise would be greater than one million years in western Europe, even with the most conservative assumptions that avoid any possible duplication.

**Uncertainties, limitations and challenges**

The process of risk assessment involves the gathering, synthesizing and interpretation of available evidence. The EBD process, as applied by WHO, is one way of synthesizing this evidence in a standardized manner. EBD methods depend on the availability of data, information, and specific assumptions. To obtain valid and reliable estimates of EBD, good data are needed on the distribution of exposure, on outcomes and on the exposure–response relationship. In the European region, more and better data are available on the distribution of environmental noise, and it is expected that the process of ongoing implementation of EU Directive 2002/49/EC will provide higher quality data in standardized formats comparable between the countries. Regarding outcomes, high-quality data are available for some (e.g. cardiovascular disease) but not for others (e.g. tinnitus). Established exposure–response relationships exist for annoyance, sleep disturbance (subjective), cognitive impairment (children) and cardiovascular disease.

**Selection of health effects**

Unfortunately, the quality and the quantity of the evidence and data are not the same across the different health outcomes. Other than for cardiovascular disease, obtaining prevalence estimations for the conditions discussed in this publication posed some difficulties. Most of the subclinical conditions are not recorded in routine mortality and morbidity statistics. For tinnitus, the proportion caused by leisure noise rather than occupational noise was difficult to estimate. And conditions such as cognitive impairment in children, sleep disturbance and annoyance are difficult to characterize, let alone estimate the proportion caused by environmental noise. Nevertheless, this publication brings together the best literature and available data and provides transparent justifications of the estimates using conservative assumptions.

Some other outcomes have been suggested as being associated with environmental noise, including hearing impairment, psychiatric conditions such as depression and anxiety, next-day effects of sleep disturbance such as motor accidents. As more evidence accumulates on whether these conditions are indeed associated with environmental noise, further refinements of the estimates in this volume can be made.

**Noise exposure indicators**

The EU adopted harmonized noise metrics across its Member States: \(L_{\text{den}}\) to assess annoyance and \(L_{\text{night}}\) to assess sleep disturbance \(1\). These metrics are used for strategic mapping of exposure in the EU Member States and are common across all transport sources and other sources of environmental noise. The quality of the exposure data produced through the first round of strategic noise maps in EU may not be optimal in terms of validity and reliability. This will have an unavoidable impact

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\(^9\) The extent to which years lost from different effects are additive across different outcomes is unclear. The different health outcomes might have synergistic rather than antagonistic when the combined effects occur in a person. Therefore, it would be a conservative approach to add the DALYs of different outcomes not considering synergistic effects.
on the accuracy and precision of any risk assessment using these exposure data. With the full implementation of Directive 2002/49/EC, \( L_{den} \) and \( L_{night} \) are widely accepted as standard indicators of noise exposure in Europe (6). Many previous studies used other metrics that can be converted to \( L_{den} \) and \( L_{night} \) with some assumptions. However, this conversion from old to new indicators will contribute to the uncertainties of the estimate.

**Exposure-response relationships**

Although the exposure–response relationships presented in this publication are based on the available evidence at the time of the working group meetings, there are uncertainties especially when they are derived from limited numbers of studies. It should be noted that the exposure–response relationships will need to be updated using the results of future studies.

**Confounding factors and effect modifiers**

Most epidemiological studies are prone to bias if confounding factors are not properly controlled by design or statistical methods. Confounding factors include age, gender, smoking, obesity, alcohol use, socioeconomic status, occupation, education, family status, military service, hereditary disease, medication, medical status, race and ethnicity, physical activity, noisy leisure activities, stress-reducing activities, diet and nutrition, housing conditions (crowding) and residential status. Future epidemiological research will have to consider effect modifiers (vulnerable groups, sensitive hours of the day, coping mechanisms, different noise sources, etc.) as well as potential confounding factors.

**Combined exposure to noise, air pollution and chemicals**

The health impacts of the combined exposure to noise, air pollutants and chemicals are rarely considered in epidemiological studies. Combined exposures occur, for example, when people are exposed to road traffic where noise and air pollution co-exist. The stressors that might be considered in the context of combined exposure with noise include: indoor air pollutants (environmental tobacco smoke, volatile organic compounds), outdoor air pollutants (particulate matter, carbon monoxide, sulphur dioxide, nitrogen dioxide), asphyxiants (carbon monoxide, hydrogen cyanide), solvents (xylene, styrene, toluene, benzene, etc.), heavy metals (lead, mercury), pesticides (organophosphates), variables related to housing (biological agents), and vibration.

An international workshop organized by the Joint Research Centre of the European Commission in cooperation with EEA and WHO in 2007 (7) concluded that the best knowledge on the health effects due to combined exposure to noise and solvents or heavy metals exists in occupational environments. However, there are few studies showing combined effects of noise and air pollutants in urban environments. Some data exist only on respiratory disorders caused by combined effects of noise and outdoor air pollutants, balance disorders caused by occupational exposure to noise and solvents, and effects on human growth caused by combined effects of noise and heavy metals. The workshop concluded that a substantial amount of research is needed to determine the health effects of combined exposure to environmental noise and other environmental pollutants.
**Total burden from environmental noise**

In general, care should be taken to avoid “double counting” when DALYs from different outcomes are totalled to estimate an overall burden of disease from an environmental risk factor. In the case of environmental noise, this should not be a big problem. For example, the burdens of annoyance during the daytime and sleep disturbances at night can be safely added up. Nevertheless, because of the different qualities of the evidence underlying the different EBD calculations, special care should be taken when making direct comparisons between DALYs for different outcomes.

If DALYs caused by environmental noise are compared with those from other pollutants, it is important to take into account the approximations and assumptions made in the calculation process. More information on these issues has been summarized in documents on the methodology of EBD (8).

**Health inequality and vulnerable groups**

Some noise exposures may be worse for some subgroups than for others. Issues such as the lower housing prices near noisy roads mean that the effect of noise is not uniformly distributed throughout the population. Except for a chapter on cognitive impairment in children, this publication did not explore the additional burdens in potentially vulnerable subgroups such as older people and lower socioeconomic groups.

**Uses of this publication**

The evidence and methods for quantifying the health impacts of environmental noise presented and illustrated in this volume can be used by policy-makers, planners and engineers to measure the magnitude of health problems related to noise pollution in society today. Because many European countries have already produced strategic noise maps and action plans on noise control according to Directive 2002/49/EC (2), the good practices of risk assessment presented in this volume can be readily applied to the national and local situations in many countries. In countries where all the required data for a complete calculation of burden of disease may not be available, this publication demonstrates a range of options that can be used to make estimations according to which components of the risk assessment are accessible.

Although this publication has been prepared with a European focus in terms of policy, available data and legislation, the processes of risk assessment illustrated here can also be used outside Europe as long as the assumptions, limitations and uncertainties described in the various chapters are carefully taken into account.

The effects of neighbourhood noise were not addressed in this publication as they need to be better characterized and measured in future studies. In addition, the effects of leisure noise were not considered because there is very little information available on the prevalence of voluntary exposure to leisure noise through amplified music at concerts and other public events and through personal music players.
Noise and the Parma Declaration on Environment and Health

There is overwhelming evidence that exposure to environmental noise has adverse effects on the health of the population. Recognizing the special need to protect children from the harmful effects of noise, the Parma Declaration adopted at the Fifth Ministerial Conference on Environment and Health (9) called on all stakeholders to work together to reduce the exposure of children to noise, including that from personal electronic devices, from recreation and traffic (especially in residential areas), at child care centres, kindergartens and schools and in public recreational settings. This publication provides an evidence base for the future development of suitable guidelines on noise by WHO, as was urged by the Member States in the Parma Declaration. The evidence on burden of disease presented here will inform the new European health policy, Health 2020, which will be presented for endorsement at the WHO Regional Committee for Europe in 2012.
REFERENCES


Police & Fire

BHPD Block Party Provides Fun and Information

The Beverly Hills Police Department Neighborhood Watch event Sunday on South Gale Drive gives residents a chance to meet one another and get crime updates.

By Sharon Cotal | Email the author | 5:00am

Have you attended a BHPD block party? Tell us in the comments.

Tell Your Neighbors About Patch

The residents of South Gale Drive needed only to walk out their front doors Sunday afternoon to meet their some valuable information about crime and safety.

The Beverly Hills Police Department hosted the Neighborhood Watch "Connect to Protect" event to interdate on emergency procedures, earthquake safety and crime statistics.

Neighborhood Watch meetings were previously held at the police station or library, but over the years the city has brought the information directly to the people, according to Don Chase, crime prevention and community relation manager.

"We already have a good-sized crowd here, so I think this works better to get the information out," Chase said.

Tell Your Neighbors About Patch

Get the Patch Newsletter

A portion of South Gale Drive was closed for the block party and booths were set up offering various information earthquake kits, which is something everyone should have, Chase said.

Members of the Finkel family purchased four kits at the event: one for their home, one for the office, one for "I am very relieved that they are providing this service today because I've been meaning to buy some for a I said of the kits. "It's a bargain as far as I'm concerned because I know the kit was prepared by a good sourr

The kits were provided by the Beverly Hills Health and Safety Commission at a cost of $40 for the home kit

"We're also here gathering email addresses for a new newsletter we will be sending out that will keep peopl issues all in one fell swoop," said Health and Safety Commission Chairman Peter Landau. "But first we hav can send the newsletter out."

Robert Loscalzo, block captain for the Gale Drive Neighborhood Watch program, said he was happy to have neighborhood to offer its services.

"It's wonderful. Having a police presence in the neighborhood prevents crime and motivates people to watch police can't be everywhere, so people need to help the police by keeping an eye on their neighborhood."

In addition to general information on identity theft, home security and auto burglary, Chase also let the residents be aware of, including "Knock-Knock" burglaries, which involves people knocking on doors and then bre

Attendees were also able to check out the BHPD smart car and rescue vehicle at the event. A fire engine with a Patty Wagon food truck.

"It doesn't get any better than this. Neighbors can meet neighbors they've lived next to for years but maybe something that keeps us all together and keeps us protected."

Be sure to follow Beverly Hills Patch on Twitter and "Like" us on Facebook.

Interested in a follow-up to this article? Enter your email address Keep me posted!
Discover how you can benefit from a solar energy system on your home during the day and at night.

Don't delay, register today...here's how:

- Visit [www.sce.com/csi](http://www.sce.com/csi) to register online
- OR
- Call 866-970-9221 to register by phone

For additional details, including the complete schedule of SCE's FREE evening [Homeowner Solar Information Sessions](http://www.sce.com/csi) currently offered, visit [www.sce.com/csi](http://www.sce.com/csi)

*Due to limited space, pre-registration is required. Schedule subject to change without notice.*

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[Free Homeowner Solar Class at The Beverly Hills Public Works Facility at 345 Foothill Rd, Beverly Hills 90210 taking place on Monday July 25, 2010 from 6:30pm until 8pm. Please see flyer for registration](http://www.sce.com/csi)
CITY OF BEVERLY HILLS
POLICY AND MANAGEMENT

MEMORANDUM

TO: Health and Safety Commission
FROM: Pamela Mottice Muller, Director Office of Emergency Management
DATE: June 27, 2011
SUBJECT: 405 Closure - July 15 through July 18

The 405 will be closed from the I-10 to the I-101 for 53 hours starting July 15 at 7:00 pm to July 18 at 6:00 am. This will cause extreme traffic conditions to the Westside. Traffic is expected to be significant throughout Beverly Hills during this period. All residents are being asked to stay home during this weekend. Emergency plans are being developed.

Additional information including detour maps can be found by going to:
http://www.metro.net/projects/I-405/
The project's contractor will demolish the south side of the Mulholland Bridge on July 16-17. To protect the public during demolition, the I-405 will be closed as follows:

**Northbound** – I-10 to US-101
**Southbound** – US-101 to Getty Center Dr

Unless you have a critical need to be in the area, public safety officials are requesting that you do your part by avoiding the area.

Traffic conditions on local streets and freeways are expected to be severe, with significant multi-hour delays. If you must travel this weekend, please plan ahead.

Sepulveda Bl will be open for local access only. Motorists should use alternate regional freeways to bypass the Sepulveda Pass.

The freeway will reopen on Monday, July 18, 2011 at 5am. Ramps and connectors will be reopened by 6am.
I-405 Sepulveda Pass Improvements Project

Mulholland Dr Bridge Demolition and Reconstruction Fact Sheet

Freeway improvements are in the works.

To reduce congestion, improve mobility and increase safety, the I-405 Sepulveda Pass Improvements Project will add a high-occupancy vehicle lane, standardize traffic lanes and improve on- and off-ramps along a 10-mile-long stretch of the freeway between the I-10 (Santa Monica Freeway) and US 101 (Ventura Freeway).

Widening this crucial but congested highway requires rebuilding three overpasses: Sunset Bl, Skirball Center Dr and Mulholland Dr. Each of these overpasses will feature its own improvements. For example, the upgraded Mulholland Dr Bridge would feature:

- Widened bridge
- Widened sidewalks along bridge
- Widened center bridge median
- Designed to latest-seismic code

Do you have a question about the freeway improvements? Want more information or wish to be added to our mailing list? Here's how you can reach us:

E-MAIL
I-405@metro.net

PHONE
213-922-3669

FACEBOOK
facebook.com/i405project

TWITTER
twitter.com/I_405

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<td><strong>What work will be done?</strong></td>
<td>The Contractor will demolish and reconstruct the Mulholland Dr Bridge. The demolition will be staged, allowing the southern half of the Mulholland Dr Bridge to be demolished July 16 and 17, followed by approximately eleven months of south side bridge reconstruction. Then, the northern half of the Mulholland Dr Bridge will be demolished and reconstructed.</td>
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<tr>
<td><strong>What does bridge demolition preparation consist of?</strong></td>
<td>Prior to demolition, traffic will be reconfigured, traffic signals and signs will be relocated, and the work zone will be separated from the traffic with concrete barriers. A construction work zone and yard will be established near the bridge. Existing wood from inside the bridge will be removed.</td>
</tr>
<tr>
<td><strong>When will work begin and end?</strong></td>
<td>Bridge demolition will occur July 16 and 17. Bridge reconstruction will last approximately eleven months for the southern half and then eleven months for the northern half of the bridge.</td>
</tr>
<tr>
<td><strong>What time will crews be working?</strong></td>
<td>At times, crews will be working 24 hours a day, seven days a week during both the demolition and reconstruction of the Mulholland Dr Bridge.</td>
</tr>
<tr>
<td><strong>Will there be closures of the I-405 and the actual Mulholland Dr Bridge?</strong></td>
<td>Yes. During the demolition, you can anticipate closures of the I-405 in both directions and the Mulholland Dr Bridge itself. Northbound I-405 will be closed between I-10 and US 101. Southbound I-405 will be closed between US 101 and the Getty Center Dr ramps. These closures will take place during an entire weekend of demolition. The Mulholland Dr Bridge will also be closed intermittently during reconstruction. The closures are needed to protect the public. Once the demolition is complete, the bridge reconstruction continues for approximately eleven months.</td>
</tr>
<tr>
<td><strong>Will local access be impacted?</strong></td>
<td>Yes, but only during demolition and occasionally during reconstruction. The I-405 Freeway will be closed in both the north and south directions for an entire weekend July 16 and 17. Detailed information, including detour and alternate routes, will be available at metro.net/405 prior to work starting.</td>
</tr>
<tr>
<td><strong>Will there be other expected impacts?</strong></td>
<td>The reduction of traffic lanes on the bridge during construction will result in a reduction of lane capacity on the bridge.</td>
</tr>
<tr>
<td><strong>Will the Mulholland Dr Bridge be open to traffic during reconstruction?</strong></td>
<td>Yes. The Contractor will maintain one lane of traffic in each direction across the Mulholland Dr Bridge. Occasionally there may be night hours when traffic on the bridge will be restricted.</td>
</tr>
<tr>
<td><strong>Is the I-405 Project coordinating its work with other projects near the freeway?</strong></td>
<td>Yes, the project team continually coordinates with the City of Los Angeles and its departments to minimize impact on other projects and traffic flow through the Sepulveda Pass.</td>
</tr>
<tr>
<td><strong>What safety measures will be used?</strong></td>
<td>During preparation for the demolition, k-rail (concrete barriers) will be placed on Mulholland Dr Bridge to protect the public and the construction crews during reconstruction. Full freeway closures in both the north and south directions will be implemented during bridge demolition to protect the public from any falling debris.</td>
</tr>
<tr>
<td><strong>Who can I contact regarding this fact sheet?</strong></td>
<td>You may contact Metro Community Relations at 213.922.3665 or via e-mail at <a href="mailto:405@metro.net">405@metro.net</a>. Updates will be available at metro.net/405 that reflect all closures, dates and detours related to this activity. In addition to the website, you can find information on Facebook, Twitter and Nixle. Free accounts can be opened at Twitter.com, Facebook.com and Nixle.com.</td>
</tr>
<tr>
<td><strong>What will the new bridge look like?</strong></td>
<td>The reconstructed Mulholland Dr Bridge will be widened, lengthened, and look similar to the existing bridge.</td>
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</table>
I-405 Sepulveda Pass Improvements Project

I-405: Countdown to the Closure

Plan ahead, avoid the area or stay home July 16-17.

View Detour Map Segments

Click here for more details

I-405 Closure
Overview
Construction Notices
Closures
Photo Gallery

I-405 Closure

Mulholland Dr Bridge Demolition & I-405 Closure

- Fact Sheet
- Detours
- Press Release: I-405 Closure
- Press Release: I-405 "Countdown to the Closure" Clock and Banner Ads
- Webmasters Spread the Word - Link to Us
- Printable Closure Flyer

The Mulholland Dr Bridge will be the third bridge demolished and reconstructed to accommodate the widening of the I-405 freeway and to add a northbound high-occupancy vehicle lane through the Sepulveda Pass. The Mulholland Dr Bridge is scheduled to be demolished and reconstructed after the Skirball Center Dr Bridge. When completed, the expanded, Mulholland Center Dr Bridge will be widened by approximately 10 feet and will be designed to the latest seismic standards.

Demolition activities will take place over the July 16-17 weekend for 53 consecutive hours, resulting in the full freeway closure of the I-405 freeway in the Sepulveda Pass. The Mulholland Dr Bridge will also be closed that weekend. Some intermittent closures of the Mulholland Dr Bridge will occur during the preparation for bridge demolition and bridge reconstruction. Access will always be provided for emergency responders.

http://www.metro.net/projects/I-405/
Here are the I-405 freeway closure boundaries for the July 16-17 weekend:

- Northbound I-405: 10-mile closure between I-10 and U.S. 101
- Southbound I-405: 4-mile closure between U.S. 101 and Getty Center Drive Ramps

On Friday, July 15, ramps along the 10 mile closure will begin to be shut down as early as 7 p.m., and closure of freeway lanes will begin at 10 p.m. to ensure full freeway closure by midnight. The closure will continue until 5 a.m. Monday morning, July 18. Ramps and connectors will be reopened by 6 a.m.

Sepulveda Bl is intended as an alternate route for local resident access only. Sepulveda Bl will not have the capacity to accommodate both local and diverted freeway traffic. Those using Sepulveda Bl should expect extreme congestion and lengthy delays. Motorists should instead use alternate regional freeway routes to completely bypass the Sepulveda Pass.

Severe traffic conditions are anticipated in local and regional areas during the weekend of the full freeway closure. Detour maps will be available to reroute local traffic through the area. Also alternative regional freeway routes will be available to encourage the traveling public to avoid this area completely during the weekend of the bridge demolition.

To reduce the impacts on local traffic flow, the Mulholland Dr Bridge demolition and reconstruction will be conducted in two separate phases. The southern half of the bridge will be demolished first, followed by approximately 11 months of south side bridge reconstruction. Upon completion, the northern side of the bridge will be demolished and rebuilt in the same manner.

During reconstruction, the Mulholland Dr Bridge will accommodate one lane of traffic in each direction. The new traffic configurations for the Mulholland Dr Bridge will go into effect in mid-July 2011. Implementing these new traffic configurations and isolating the work zone will help the contractor prepare for demolition. The contractor will be:

- Surveying the existing bridge's condition
- Removing false deck from inside the bridge
The following provides an update on the implementation of the Tobacco Ordinance. This information was recently reported to the County.

- 39 retailers have been permitted thus far out of 40 total. The City is taking progressive action against the remaining retailer.

- The Police Department is scheduled to begin program enforcement.

Follow up information will be provided once the program enforcement is completed.
MEMORANDUM

TO: Health and Safety Commission
FROM: Pamela Mottice Muller, Director Office of Emergency Management
DATE: June 27, 2011
SUBJECT: Toxic Waste Removal – Follow Up

At the April meeting, resident Ilona Sherman spoke concerned about the following:

- in which toxic waste is handled in the alleys for both business/residential
- currently items such as batteries and chemical contains for pesticides are disposed of in dumpsters.

She recommend two methods of dealing with problem:

1. A specific container in the alleys a strategic locations designated for commercial and residential.

2. A label on all alley dumpsters, both residential and commercial stating dumping of hazardous and toxic material is a violation with the correct and simple verbiage, indicating a fine of XX dollars would be imposed by anyone caught doing so.

3. The label should be less than 25 lines, large print, easy and clearly stated. It might be a consideration to post in Spanish.

She stated “we all need to be mindful of the consequences of toxic waste and be responsible of disposal methods.”

The Commission asked to have a representative from Public Works to attend a meeting to discuss the toxic waste program in the City.

John Garcia, Solid Waste Manager, and Arnetta Eason, Management Analyst will attend to explain the City’s policy, procedures, outreach efforts and events held. Ms. Sherman has been contacted and will attend the meeting.
CITY OF BEVERLY HILLS
POLICY AND MANAGEMENT

MEMORANDUM

TO: Health and Safety Commission
FROM: Pamela Mottice Muller, Director Office of Emergency Management
DATE: June 27, 2011
SUBJECT: Change of Chair and Vice Chair

Starting with the July, 2011 Health and Safety Commission meeting, Dr. Debra Judelson and Karén Setian will be Chair and Vice Chair respectively. This was confirmed by vote at the May, 2011 meeting.

Please provide any comments or suggestions. Thank you to all Commissioners for serving.
Peter Landau and Dr. Debra Judelson have served as the Chair and Vice Chair from July 1, 2010 to June 30, 2011. During the time the Health and Safety Commission accomplished the following:

- Awarded the first Employee Health and Safety Awards.
- Implemented and awarded the first Community Health and Safety Awards.
- In conjunction with the Police Department, introduced, provided support and insight on a new Neighborhood Watch Zone Meetings concept. Attend multiple Neighborhood Watch events. Participation has significantly increased with this new format.
- Developed four Health and Safety messages to use at Community Neighborhood Watch meetings.
- Provided suggestions and approved the City’s Hazard Mitigation Plan.
- Represented the Health and Safety Commission message at a variety of City events and speaking engagements.
- Heard information on the City’s pesticide and herbicide use and made suggestions which staff was able to implement.
- Presentation from Information Technology. Provided suggestions on the community mapping technology.
- Presentation by Public Works on the City’s Water Quality report.
• Heard a presentation from Police Department and Public Works on Pedestrian Safety. Provided suggestions which were implemented and taken back to the Transportation and Parking Commission.

• Participated in the Shakeout Drill.

• Served as a member of the BHUSD FAC.

• Studied and made recommendations to the Fire Dept. on reinstituting the CERT program.

• Adopted the Human Relations Civility statement.

• Reviewed a curriculum program to be used in schools that promotes good decision making and recommended this program to be used in the schools.

• Heard and supported a City ordinance to be developed on the Mobile Food Facility Letter Grade System.

• Heard and provided recommendations on the Nighttime Social Event and Amplifies Music and Entertainment in Residential Neighborhoods issue.

The following continues to be the goals of the Commission:
• To Create a “Community Culture of Awareness and Preparedness”.
• To Encourage Good Decision Making and Battle Complacency on Health and Safety Matters.
• To Serve as Ambassadors to the Community on Health and Safety related Resources and Information.