

June 2018

Greetings,

Thank you all for your continued support of our CERT program.

This is the first Newsletter in some time, so bear with us as we get this valuable tool re-implemented.

Firstly, I would like to remind all of you of our upcoming Refresher class on June 20<sup>th</sup>, at 6PM in the Fire Training Room. The topic of the refresher will be Disaster Psychology.

Please sign up for this valuable training at [www.beverlyhills.org/certsignup](http://www.beverlyhills.org/certsignup).

Additionally, I would like all of you to spread the word of our upcoming Community and Business CERT classes.

The Business CERT class, which is geared for City of Beverly Hills businesses and employees, will be offered on October 18, 2018. This one-day class covers the same topics as the Community class albeit in a one day setting.

The Community CERT classes begin in the month of November 2018. As in the past, classes will meet for three weeknights and three Saturdays.

I have attached both flyers for you to hand out as needed.

So now, I would like to get the mind working a little bit and present you with a quiz to get you thinking once again about CERT and all that you have learned in the past:

**ARE YOU PREPARED FOR AN EARTHQUAKE?  
(Take this 5-minute quiz to find out)**

1. **What should you do if your house starts shaking?**
  - a) take cover under a solid object
  - b) lie next to the bed
  - c) stand in a doorway
  - d) stand in a corner
  
2. **How long should a person be prepared to be without services after a disaster?**
  - a) 24 hours
  - b) 48 hours
  - c) 72 hours
  - d) 1 week
  
3. **Which water can be used for drinking after a natural disaster?**

- a) Water boiled for 5 minutes.
  - b) Water with 16 drops of bleach per gallon.
  - c) Water from the hot-water heater, if undamaged.
  - d) All of the above.
4. What should you have in an emergency kit?
- a) Food.
  - b) Water.
  - c) First-aid kit.
  - d) Battery-powered radio.
  - e) Flashlight and extra batteries.
  - f) All of the above.
5. What is the best way to call for emergency help after a disaster?
- a) Cordless phone
  - b) Cell phone
  - c) Land-line phone
  - d) Shout for help.
6. How much water should you store for a family of three (minimum)?
- a) 3 gallons
  - b) 6 gallons
  - c) 9 gallons
  - d) 12 gallons
7. In the event of an explosion (or a natural disaster, such as an earthquake) you may become trapped under debris. What is the best way to alert rescuers?
- a) Tap on a pipe or a wall.
  - b) Use a flashlight
  - c) Shout.
  - d) Use your cell phone
8. Which best describes a “dirty bomb”?
- a) A miniature nuclear device.
  - b) An explosive device that release chemicals.
  - c) An explosive device that releases a biological agent.
  - d) An explosive device that spreads radioactive materials over a specific area.
9. The warning signs of chemical attack include people suddenly becoming violently ill, choking or passing out. If you see this, what is the first thing to do?
- a) Leave the area as fast as possible.
  - b) Cover your mouth and nose with fabric, and then run away.
  - c) Head for a basement and seal all doors and windows.
  - d) Cover your nose and mouth and wait for emergency personnel to arrive to be decontaminated.
10. When treating a burn, you should:
- a) Put ice on the burn

- b) Wrap the burn in gauze**
- c) Rinse the burn with cold water**
- d) Apply butter or petroleum jelly**

**Answers: 1: a, 2: c, 3: d, 4: f, 5: b, 6: c, 7: c, 8: d, 9: a, 10: c**

Thanks to all of you and hope to see you June 20<sup>th</sup>.

Chris Heyer  
Deputy Fire Marshal  
BHFD