



# BEVERLY HILLS

## Aquatics



September 7<sup>th</sup> to  
November 13<sup>th</sup>

All classes are held at  
Beverly Hills High School Swim Gym  
241 Moreno Drive, Beverly Hills  
Information: 310.285.6820  
Registration: 310.285.6850



### REGISTRATION FORM

Mail this form today to: Registration Office, 455 N. Rexford Dr., Room 260, Beverly Hills, CA 90210 or Fax to 310.274.9571  
You may also register online at [www.beverlyhills.org/BHRegOnline](http://www.beverlyhills.org/BHRegOnline). For Registration information Call 310.285.6850

Parent Name: \_\_\_\_\_ Participant's Name: \_\_\_\_\_  
Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_ Day Phone: (   ) \_\_\_\_\_ Evening Phone: (   ) \_\_\_\_\_  
School: \_\_\_\_\_ E-mail: \_\_\_\_\_

Method of payment:  Check (Please make check payable to the City of Beverly Hills.)  
 Visa  MasterCard  Discover  American Express

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

Please indicate:

Course #: \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_

#### PLEASE READ and SIGN THE FOLLOWING:

I hereby agree to indemnify, defend and hold harmless the City of Beverly Hills, and its officers, employees, agents and volunteers, from and against any and all damages, loss, liability, charges, and expenses in any way arising out of my (or my children's) participation in the program for which I am registering. I hereby consent to the photographing, recording and reproduction in any other manner (including use of video and audio) of the likeness, voice and/or activities of the participant and further authorize the City of Beverly Hills, its agents or assigns, to make unlimited use of such reproductions, including but not limited to broadcasting of the reproductions over radio, television and on the Internet. I understand that I will not receive any monetary compensation now or in the future for participating. I do hereby release and hold harmless the City of Beverly Hills, its officers and employees from any claims. I have read and acknowledge the refund policy.

Signature: X \_\_\_\_\_ Date: \_\_\_\_\_

Not sponsored by B.H.U.S.D.

# BEVERLY HILLS Aquatics



## Swim Lessons

### PRIVATE SWIM LESSONS (ages 4 & over)

One-on-one classes are offered to maximize students learning. Lessons are designed for swimmers of all ages and ability levels. These classes are highly customized to meet each student's needs. Instructor: Beverly Hills Aquatics. Session is 4 weeks.

#### Session 1:

22433	10:00am - 10:25am	Su	9/7 - 9/28	\$140/\$175	BHHS
22434	10:30am - 10:55am	Su	9/7 - 9/28	\$140/\$175	BHHS

#### Session 2:

22435	10:00am - 10:25am	Su	10/5 - 10/26	\$140/\$175	BHHS
22436	10:30am - 10:55am	Su	10/5 - 10/26	\$140/\$175	BHHS

### SUNDAY GROUP LESSON (ages 4-14)

Lessons are designed for children of all ages and ability levels; from inexperienced or fearful student to swimmers that are confident in the water. In a small class environment, students will work with our trained staff to learn proper kicking, arm movement, and body position for all strokes. Instructor: Beverly Hills Aquatics. Session is 8 weeks.

22437	11:00am - 11:25 am	Su	9/7 - 10/26	\$79/\$98	BHHS
22438	11:30am - 11:55am	Su	9/7 - 10/26	\$79/\$98	BHHS
22439	12:00pm - 12:25pm	Su	9/7 - 10/26	\$79/\$98	BHHS

## Teens

### TEEN SWIM CONDITIONING (ages 14-17)

This swim program is one of the best ways to build muscle and get lean. Swimming will help your teen build both muscular fortitude and cardiovascular endurance. Beginner to experienced swimmers are welcome. Instructor: Beverly Hills Aquatics. No class 11/11. Session is 10 weeks.

22450	7:30pm - 8:30pm	T/Th	9/9 - 11/13	\$115/\$144	BHHS
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## Adults

### ADULT GROUP SWIM (ages 18 & over)

This class is designed to introduce the inexperienced or fearful adult to the water. The objective of this course is to help students feel more comfortable in the water and enjoy the water safely. Students will learn rhythmic breathing, proper kicking and body position for Freestyle, Backstroke and Breaststroke. Instructor: Beverly Hills Aquatics. No Class 11/11. Session is 10 weeks.

22448	7:30pm - 8:30pm	T/Th	9/9 - 11/13	\$115/\$144	BHHS
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### ADULT SWIM (ages 18 & over)

Designed for adults of all swimming abilities who would enjoy stroke refinement and stimulating cardio workout. Instructor: Beverly Hills Aquatics. No Class 11/11.

22558	6:00am - 7:00am	T/Th	9/9 - 11/13	\$115/\$144	BHHS
22449	7:30pm - 8:30pm	T/Th	9/9 - 11/13	\$115/\$144	BHHS

All aquatics classes are held at the

**Beverly Hills High School Swim Gym**

**241 Moreno Drive, Beverly Hills**

**Information: 310.285.6820**

(No payments will be taken at the Swim Gym)

#### REFUND POLICY

A refund will only be issued if class is full and your space can be filled from the waiting list. A \$10 service charge will be applied as well as payments for courses attended. A prorated refund plus a service charge may be assessed for a student's inability to continue due to medical reasons. Prorated refunds will be based on when we receive notification of the request for a refund. A thorough doctor's note is required. Every effort is made by the School District to maintain the pool temperature at an appropriate level for swim instruction. No refunds will be issued based on pool temperature unless determined by the City.

A \$5 administrative charge will be assessed for each requested class transfer.

Not sponsored by BHUSD

## Youth Teams

### NOVICE SWIM TEAM (ages 6-14)

The Novice team serves to transition swimmers from lessons to competitive swimming. This team focuses on developing technique in each of the four strokes to become more efficient swimmers. Students must be able to swim the length of the pool unassisted to enroll. Instructor: Beverly Hills Aquatics. No class 11/11. Session is 10 weeks.

22440	6:30pm - 7:30pm	M/W	9/8 - 11/12	\$215/\$269	BHHS
22441	6:30pm - 7:30pm	T/Th	9/9 - 11/13	\$215/\$269	BHHS

### THUNDERSHARKS SWIM TEAM (ages 6-14)

This team focuses on developing strength and technique in each of the four strokes to become more efficient swimmers. Instructor: Beverly Hills Aquatics. No class 11/11. Session is 10 weeks.

#### Gold Team – Advanced

22442	6:30pm - 8:30pm	M/W	9/8 - 11/12	\$230/\$288	BHHS
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#### Silver Team – Intermediate

22444	6:30pm - 8:00pm	M/W	9/8 - 11/12	\$225/\$282	BHHS
22445	6:30pm - 8:00pm	T/Th	9/9 - 11/13	\$225/\$282	BHHS

### WATER POLO (6<sup>th</sup>-8<sup>th</sup> grades)

Come learn the fastest growing sport in high school athletics. Water polo is a fun and challenging sport requiring skill, speed, conditioning and endurance. No prior experience is required, but participants must already know how to swim. Instructor: Beverly Hills Aquatics. Session is 10 weeks.

22443	7:30pm - 8:30pm	M/W	9/8 - 11/12	\$215/\$269	BHHS
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