CITY OF BEVERLY HILLS
RECREATION AND PARKS DEPARTMENT

MAY MENU

Roxbury Community Center
471 South Roxbury Drive
Beverly Hills, CA 90212
310.285.6844 Ebba

Reservations are required. Please call by 12:00 p.m. the day before to make your reservation. Lunch is served between 11:30 a.m. and 12:15 p.m. $2.25 (suggested donation) per meal for seniors (60+) and $3.75 per meal for non-seniors, low fat or non-fat milk is served with every meal.

This project is funded, in part, by the LA County Area Agency on Aging, through the older Americans Act of 1966, by the City of Culver City and the City of Beverly Hills.

* with trans fat-free spread
** meal includes trans fat
*** high sodium meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 **SOFT FISH TACO WITH SALSA ON CORN TORTILLA** CILANTRO RICE WITH CARROTS BLACK BEANS SHREDDED CABBAGE, TOMATO AND ONION SALAD CANNED PEACHES IN JUICE
4 TORTILLA SOUP **SANTA FE CHICKEN** BARLEY W/ MUSHROOMS BROCCOLI MARINATED TOMATO SALAD WITH ONIONS CINNAMON APPLESAUCE	5 **SPAGHETTI & MEATBALLS** ITALIAN BLEND VEGETABLES ROMAINE SALAD W/ CUCUMBER ITALIAN DRESSING ORANGE	6 **ROAST TURKEY BREAST W/ LOW SODIUM GRAVY** CRANBERRY SAUCE GARNISH WHOLE GRAIN BREAD* WHIPPED YAMS DICED MANGO VANILLA YOGURT	7 ORANGE JUICE **VEGETARIAN CHILI** CORN BREAD* CAULIFLOWER CARROT, APPLE, CELERY, CABBAGE SALAD THOUSAND ISLAND DRESSING SLICED CANNED PEARS	8 WONTON SOUP **HAWAIIAN CHICKEN** QUINOA BROCCOLI FLORETS, WATER CHESTNUTS AND MUSHROOMS MARINATED BEETS PINEAPPLE IN OWN JUICE
11 ORANGE JUICE **BAKED BREADED FISH** TARTAR SAUCE WHOLE GRAIN BREAD* GREEN BEANS SLICED PEACHES IN JUICE TFF CHOCOLATE PUDDING	12 **TARRAGON TURKEY STEW** BISCUIT* MIXED VEGETABLES BEET AND ONION SALAD CANTALOUPE WEDGE	13 TOMATO FLORENTINE SOUP **CHICKEN ALFREDO** BROWN RICE PILAF ITALIAN VEGETABLE BLEND MIXED SALAD GREENS ITALIAN DRESSING MANDARIN ORANGES AND PINEAPPLE	14 VEGETABLE SOUP **ENCHILADA CASSEROLE** PINTO BEANS SPINACH & SHREDDED CABBAGE SALAD RANCH DRESSING BANANA	15 **STUFFED BELL PEPPER W/ TOMATO SAUCE** WHOLE GRAIN BREAD* FRESH BAKED YAMS THREE BEAN SALAD CANNED PEARS IN JUICE
18 **POT ROAST W/ GRAVY CELERY, ONIONS, CARROTS AND POTATOES** WHOLE GRAIN ROLL* ROMAINE SALAD FRENCH DRESSING FRUIT CUP W/ CANTALOUPE AND PINEAPPLE	19 ORANGE JUICE **FILIPINO CHICKEN ADOBO** STEAMED RICE GREEN BEANS MIXED GREEN SALAD ITALIAN DRESSING CINNAMON APPLESAUCE	20 LENTIL SOUP **SWEDISH MEATBALLS** PARSLEY WHOLE WHEAT SPAGHETTI SEASONED SPINACH MANGO	21 BLACK EYED BEAN SOUP **BBQ CHICKEN** CORN BREAD* BROCCOLI PINEAPPLE COLESLAW PEACHES W/ OAT TOPPING	22 ORANGE JUICE **TURKEY BREAST W/ GRAVY** MASHED POTATOES GREEN BEANS TOSSED GREEN SALAD W/ BELL PEPPER RANCH DRESSING PUMPKIN PIE
25 ROXBURY COMMUNITY CENTER CLOSED IN OBSERVANCE OF MEMORIAL DAY.	26 **BEEF & BROCCOLI W/ WATER CHESTNUTS** WHOLE GRAIN SPAGHETTI ROMAINE SALAD W/ CUCUMBER THOUSAND ISLAND DRESSING PINEAPPLE IN JUICE	27 VEGETABLE ORZO SOUP **OVEN BAKED FISH** (NOT BREADED) WITH HERBS TARTAR SAUCE BROWN RICE MIXED VEGETABLES RED AND GREEN COLESLAW SLICED PEARS IN JUICE	28 ORANGE JUICE **SOFT TURKEY TACO** SALSA AND CHEESE FLOUR TORTILLA PINTO BEANS SHREDDED LETTUCE, TOMATO, CORN AND CUCUMBER FLAN	29 **OVEN FRIED CHICKEN** CORNBREAD WITH CORN* BUTTERNUT SQUASH SEASONED GREENS RUIT CUP W/ MANDARIN ORANGE CANTALOUPE AND PINEAPPLE