



CITY OF BEVERLY HILLS

Room 280A
455 North Rexford Drive
Beverly Hills, CA 90210

HEALTH AND SAFETY COMMISSION SPECIAL MEETING

MINUTES

Monday, May 18, 2020
1:30 p.m.

OPEN MEETING

Date/Time: May 18, 2020 / 1:30 p.m.

PLEDGE OF ALLEGIANCE

ROLL CALL

Commissioners Present: Commissioners Hilborne, Chang, and Demeter, Vice Chair Baker, Chair Nazarian

Commissioners Absent: None

Staff Present: Pamela Mottice-Muller, Chief Marc Coopwood, Chief Gregory Barton, Jenny Rogers, Shana Epstein, Sergeant Sean Smollen, Meena Janmohamed, Michael George, Gabrielle Ressa

COMMUNICATIONS FROM THE AUDIENCE

There were no public comments.

APPROVAL OF AGENDA

By Order of the Chair, the agenda was approved as presented.

CONSENT CALENDAR

- Consideration of minutes from the Health and Safety Commission Special Meetings on February 24, 2020 and March 11, 2020.

Motion: MOVED by Commissioner Hilborne, SECONDED by Commissioner Chang to approve the minutes (5-0).

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REPORTS FROM PRIORITY AGENCIES

- Office of Emergency Management – Meena Janmohamed, Emergency Management Manager, provided information on the City's response to COVID-19 and planning for future disasters. The virtual EOC is open and the City is ready to respond and be resilient. The City is taking all hazards approach to planning, and will continue to plan for all disasters, including fires, earthquakes, etc. The City is working with stakeholders during COVID-19.
- Beverly Hills School District – Rachelle Marcus, Board Vice President, and Scott Lovelace, Director of School Safety, provided information on the school facilities maintenance projects, the High School's changes to graduation, and the plan for reopening schools next year while following all safety mandates and regulations.
- Beverly Hills Police Department – Sergeant Sean Smollen addressed the Commission on current security efforts and National Police Week which occurred May 11-16 (National Police Day is May 15). Sergeant Smollen spoke about crime prevention and reminded the community to lock car doors, to not leave items visible in cars, and to be aware of fraud or scams on the phone, by mail, or by people pretending to be City officials. The non-emergency Police Department phone number is 310-550-4951.
- Beverly Hills Fire Department – Chief Gregory Barton updated the Commission on Fire Service Day, the adding a paramedic to the truck, the Nurse Practitioner Program, and the CERT Program.
- Community Services Department – Jenny Rogers, Director of Community Services, provided information on the services being offered during this time, including social services, recreation and library. This includes the senior phone bank, Kindness Task Force meetings, community food drive, Senior Nutrition Program & Meal Delivery (contact Human Services), *Preschool at Home*, Library Online, *Music Live from the Mansion*, Artist of the Week series, *Beverly Hills Beautiful*, and the *Beverly Hills Better Impact* Volunteer Program (www.beverlyhills.org/bhvolunteers). This website also includes forms for those in need of help. The Human Services Department includes community outreach, connection & education, Park Rangers, and Ambassadors. The following Social Safety Net & Human Services resources are available:
 - Beverly Hills Human Services – 310-285-1078 or humanservices@beverlyhills.org
 - Jewish Family Services – 323-937-5900
 - Beverly Hills *Meals on Wheels* – 310-423-3517
 - Saban Community Clinic – 323-653-1990
 - Bet Tzedek – 323-939-0506 x499
 - Homeless Outreach Team – 310-487-0313Visit the City's website www.beverlyhills.org and social media channels including online programming and resources available at www.communitylifebh.org.
- Public Works Department – Shana Epstein, Director of Public Works, provided information on Public Works operations during COVID-19, including Public Works Week and social distancing measures at Beverly Hills City Hall. Contact the Public Works Department at 310-285-2467 or AskPW@beverlyhills.org.

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CONTINUED BUSINESS

None

NEW BUSINESS

1. COVID-19 Update

Michael George, Management Analyst, addressed the Commission with a COVID-19 update.

Clinical Neuropsychologist and Incoming Health and Safety Commissioner Dr. Erica Felsenthal, PhD, provided a presentation on mental health during COVID-19 including tips for stress, anxiety and depression, physical health, children's mental health, panic attacks, risks for suicide, how to "Stay Sane at Home", "Zoom or Quarantine Fatigue", and resilience. Some positive coping strategies include self care, taking breaks, stretching, breathing, smiling, drinking water, taking a walk, getting professional help, healthy diets, sleep, religious or spiritual practices, humor, sticking to routines/schedules, gratitude practices, problem solving, priorities and organization, exercise, pleasant events, replacing unhealthy attitudes with healthy ways of thinking, talking with friends, prescription medication, relaxation/meditation techniques, connecting with pets or nature, and checking in with others. Tips for increasing social connectedness include phone or video calls, acts of kindness, virtual volunteering, looking at old photos, puzzles, knitting, video games, virtual exercise classes, music, positive thoughts, notes of appreciation, and virtual book clubs. Additional resources:

- Suicide Prevention Crisis Center – 310-391-1253
- NAMI Westside – 310-889-7200
- Common Sense Media – www.common sense media.org
- LA County/DMH Crisis Text Line – Text HELLO to 741741
- National Domestic Violence Hotline – 800-799-7233
- Veterans Crisis Line – 800-273-8255
- Child Abuse Hotline – 800-4ACHILD
- Alcott Center for Mental Health – 310-785-2121
- Alcoholics Anonymous – 213-936-4343
- Narcotics Anonymous – 800-543-4670
- Elder Abuse Hotline – 800-252-8966

Chief Executive Officer of The Maple Counseling Center Marcy Kaplan, MSW, LCSW, provided a presentation on mental health during COVID-19. The Maple Counseling Center is offering remote counseling (individual and group), school and community based services, and training to become licensed clinical psychologists, marriage counselors, and clinical social workers, including training on tele-counseling and help with child abuse. Regulations are being put in place to ensure safety once the Center reopens in the future. The phone number is 310-271-9999.

A brief Public Service Announcement from the Centers for Disease Control was shown. For more information visit www.cdc.gov/COVID19.

Meena Janmohamed, Emergency Management Manager, provided an update to the Commission on COVID-19, including information on face coverings, social distancing, contact tracing, hygiene, being safer at home, and LA County's phased roadmap to recovery. Additional resources are available:

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- City of Beverly Hills – www.beverlyhills.org/novelcoronavirus
- City of Beverly Hills Disaster Hotline – 310-550-4680
- LA County Department of Public Health
<http://www.publichealth.lacounty.gov/media/coronavirus>
- Centers for Disease Control – <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Commissioner Hilborne discussed the types of testing available: Molecular (PCR) testing, Serology (Antibody) testing, and the Antigen testing. Testing is important for monitoring public health measures, including mortality rates, public safety, antibodies, and preventing the spread. The FDA is regulating the tests currently available and their accuracy rates. Testing is available at local hospitals (call in advance), some physician offices, urgent care, some pharmacies, home collection on physician order, Los Angeles County/City Test Centers, Cedars-Sinai, West LA VA Medical Center, OptumServe Testing Site at Santa Monica College, and laboratories such as LabCorp, Quest Diagnostics, etc. More information is available at www.covid19.lacounty.gov/testing.

Commissioner Chang discussed self-monitoring including checking how you feel, checking for a fever, cough, and shortness of breath, staying at home if sick, and contacting medical professionals if needed.

Laura Biery, Marketing and Economic Development Manager, Todd Johnson, CEO of the Beverly Hills Chamber of Commerce, Julie Wagner, CEO of the Beverly Hills Conference and Visitors Bureau, and Kathy Gohari, Vice Chair of the Rodeo Drive Committee addressed the Commission on the business community during COVID-19. The Business Recovery and Assistance Task Force holds meetings to assist businesses on the City level, although the state and county make final decisions. This includes retail, property, hospitality, restaurants, and tourism. Some topics being discussed are masks, social distancing, food delivery or pickup, future (outdoor) dining practices, curbside pickup, online sales, sanitation measures, marketing measures, adhering to all lawful mandates, employment, suspending some or all business operations, and reopening. More information is available at www.beverlyhills.org/businessrecovery. The Chamber of Commerce has multiple resources available for businesses in the City. More information can be found at www.beverlyhillschamber.com.

COMMUNICATIONS FROM THE COMMISSION

- The Commission thanked all the presenters. Commissioner Demeter remarked that the fact that people are wearing face coverings makes it more difficult to smoke. Chair Nazarian remarked on potential future dining options.

COMMUNICATIONS FROM STAFF

None

ADJOURNMENT

Date / Time: May 18, 2020 / 3:30 p.m.

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PASSED AND APPROVED THIS 22ND DAY OF JUNE, 2020

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Daniel nazarian
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Daniel Nazarian, DMD, Chair