

CITY OF BEVERLY HILLS Room 280A 455 North Rexford Drive Beverly Hills, CA 90210

In-person / Telephonic / Video Conference Meeting

HEALTH AND SAFETY COMMISSION REGULAR MEETING

MINUTES

Monday, October 24, 2022 4:00 p.m.

OPEN MEETING

Date/Time: October 24, 2022 / 4:00 p.m.

PLEDGE OF ALLEGIANCE

Commissioner Baker led the Pledge of Allegiance.

ROLL CALL

Commissioners Present: Commissioners Rosenthal, Felsenthal, and Baker, Vice Chair Hilborne and Chair Chang

Commissioners Absent: None

Staff Present: Deputy City Manager Gabriella Yap, Fire Chief Gregory Barton, Lieutenant Giovanni Trejo, Fire Battalion Chief Michael Hand, EMS Administrator Sean Stokes, Fire Administrator Michael Liongson, Emergency Manager Meena Janmohamed, Management Analyst Gabrielle Ressa, Program Operations Specialist Gabriel Mier, and Commission Secretary Karen Gutierrez

COMMUNICATIONS FROM THE AUDIENCE

Members of the public may address the Commission regarding any items not on the Agenda that are within the subject matter jurisdiction of the Commission. By State law, the Commission may not discuss or vote on items not on the Agenda.

Myra Demeter provided a public comment on a non-agenda item.

APPROVAL OF AGENDA

With the concurrence of the Commission, the Chair may choose to amend the order of the items on the agenda.

By order of the Chair, the agenda was approved as amended to postpone item #3, Moment of Mindfulness, to Health and Safety Commission regular meeting of November 28, 2022.

CONSENT CALENDAR

1. Resolution of the Health and Safety Commission of the City of Beverly Hills continuing to authorize public meetings to be held via teleconferencing pursuant to government code section 54953(e) and making findings and determinations regarding the same

Recent legislation was adopted allowing the Health and Safety Commission to continue virtual meetings during the COVID-19 declared emergency subject to certain conditions and the proposed resolution implements the necessary requirements.

- Motion: MOVED by Vice Chair Hilborne, SECONDED by Commissioner Baker to approve the resolution as presented (5-0).
- AYES: Commissioners Rosenthal, Felsenthal, and Baker, Vice Chair Hilborne, Chair Chang
- NOES: None

2. Consideration of minutes from the special Health and Safety Commission meeting on October 3, 2022.

- Motion: MOVED by Commissioner Baker, SECONDED by Vice Chair Hilborne to approve the minutes as presented (5-0).
- AYES: Commissioners Rosenthal, Felsenthal, and Baker, Vice Chair Hilborne, Chair Chang
- NOES: None

REPORTS FROM PRIORITY AGENCIES

- Beverly Hills Unified School District (BHUSD) Beverly Hills Unified School District representative Rachelle Marcus addressed the Commission. She spoke of Unity Day, Multi-Cultural Day at Horace Mann Elementary School, and the participation in the ShakeOut Drill were students practiced taking cover and evacuating in an event of an earthquake. A panel discussion was held regarding the fentanyl drug.
- Beverly Hills Police Department Lieutenant Giovanni Trejo provided a presentation on safety tips for the upcoming Halloween holiday. Discussion included safety information for parents, children and drivers. He also spoke on safety tips regarding costumes, evening visibility, treats and the dangerous drug fentanyl. Police officers are trained to handle fentanyl. The Police Department maintains a partnership with the Beverly Hills Unified School District as well as Federal partners.
- Beverly Hills Fire Department B-Shift Battalion Chief Michael Hand spoke on incidents and response metrics. He reported on staff training, such as the Fire Ground Survival, continuing education, including the Fire Chief Officers' participation in a Multi-Agency Command Training (which covered wildfire and active shooter simulations). The first-ever Girls' Empowerment Camp will be held in November where participants learn hands-on

exercises, training, and drills. Two members were deployed on a Rapid Extraction Module Strike Team at the Mosquito Fire in Northern California.

CONTINUED BUSINESS

3. Moment of Mindfulness

Commissioner Erica Felsenthal, PhD, will lead the Commission in a Moment of Mindfulness.

This is item was postponed to Health and Safety Commission regular meeting of November 28, 2022.

4. Smoking and Tobacco Quarterly Report

Provides informational updates to the Health and Safety Commission on activities related to the dangers of smoking including information on smoking, cessation, outreach, enforcement, and education.

Management Analyst Gabrielle Ressa presented on recent smoking activities in the City of Beverly Hills. She spoke on tobacco retail enforcement and provided current statistics associated with smoking, vaping, tobacco retail enforcement complaints and investigations. She also reported on smoking ambassador outreach, enforcement, and violations. The public is encouraged to call (310) 285-1119 to report any smoking violations.

5. COVID-19 Update

Provides information and a discussion on a variety of topics related to the COVID-19 emergency and what the community should know.

Emergency Manager Meena Janmohamed updated the Commission on a variety of COVID-19 metrics including cases, vaccination, and statistics specific to the Beverly Hills community. Staff reviewed the current Los Angeles County COVID-19 community levels, Monkeypox cases, the fall and winter outlook for the flu, and the state of emergency. Staff spoke on the current health order and the City's continued response to the pandemic.

Resources available:

- For information on therapeutics, visit <u>www.ph.lacounty.gov/covidmedicines</u> or call (833) 540-0473.
- For information on vaccines, visit <u>www.VaccinateLACounty.com</u> or call 211.
- For testing, visit <u>www.covid19.lacounty.gov/test</u> or call 211.

Public comment provided by David Gingold.

6. Quarterly Active Transportation Programs Update

Information on active mobility to advance a safe and healthy Beverly Hills.

Staff included a report in the Commission packet for informational purposes. No oral presentation was provided at this meeting.

Public comment provided by David Gingold.

NEW BUSINESS

7. Seventh Inning Stretch

A health and safety intermission led by Neuro Activated Advanced Meditation (NAAM) yoga instructors Renata Spironello and Alyssa Gaustad.

This item is a pro-health intermission dedicated to the need to stay active. Neuro Activated Advanced Meditation (NAAM) Yoga Instructors Renata Spironello and Alyssa Gaustad led the Commission in a "Seventh Inning Stretch" via prerecorded video, which addressed the positive aspects of stretch relief, injury prevention, blood circulation and mind rejuvenation.

8. Anger Management: Prevention, Coping and Seeking Help

A presentation by Kathleen Kim, Director of the Briskin|Wilder Welcome Center at the Maple Counseling Center.

Kathleen Kim presented on the topic of anger management and mental health. She spoke on anger prevention, anger styles such as dumping, burying and acting-out, to include identifying anger warning signs like heart pounding, pacing, shutting down, and becoming aggressive. She also covered myths vs facts and discussed the difference between anger and aggression. When coping with anger, be aware of own behavior or body, do not take things personally, and learn to let things go.

If you or someone you know needs mental health support, please call Maple Counseling's Briskin|Wilder Welcome Center at (310) 271-9999.

9. National Pediatric Readiness Program

An informational presentation on the Fire Department's pre-hospital care Pediatric Readiness Program.

EMS Administrator Sean Stokes spoke about the Fire Department's Pediatric Readiness Program. The Department is in the process of implementing the first of many facets of the National Pediatric Readiness Project (NPRP). The NPRP is a multi-phase quality improvement initiative designed to ensure that emergency healthcare providers are equipped with guidelines and resources specific to the emergency care of pediatrics, including physician oversight, trained and competent staff, education, policies, equipment and supplies to provide effective care for children. At its launch in 2012, the initial target of the NPRP were Emergency Departments within hospitals across the nation. In 2024, the initiative will focus on the pre-hospital sector. Staff displayed a pediatric bag that included color-coded labels and supplies.

PROJECT UPDATES

None.

COMMUNICATIONS FROM THE COMMISSION

- Chair's Report
 - Chair Chang attended the October 10, 2022 Mayor's Cabinet meeting. Highlights will be included in a future Health and Safety Commission packet.
- Commissioner Items
 - Commission Baker commented on Prop 31, banning the sale of flavored tobacco products.

COMMUNICATIONS FROM STAFF

- Director's Report
 - Staff shared information on upcoming events.
- Health and Safety Related Supplemental Information:
 - 1. Beverly Hills Girls' Empowerment Camp 2022
 - 2. JUST IN CASE BH Stay Connected, Informed, Prepared for an Emergency
 - 3. Teen Community Emergency Response Training (CERT) 2022
 - 4. Beverly Hills Fire Department Presents: Halloween Safety
 - 5. Halloween Safety Tips: Costumes, Candy, and Colored Contact Lenses
 - 6. 10 Tips to Boost your Mental Health
 - 7. 8 Things to Know About Mind and Body Approaches for Health Problems Facing Military Personnel and Veterans
 - Health and safety related supplemental information was included in the packet for Commissioners to read.

ADJOURNMENT

Date / Time:

October 24, 2022 / 6:54 p.m.

PASSED AND APPROVED THIS 28th DAY OF NOVEMBER, 2022

Kirk Chang

Kirk Chang, Chair