



**CITY OF BEVERLY HILLS**

Room 280A  
455 North Rexford Drive  
Beverly Hills, CA 90210

In-person / Telephonic / Video Conference Meeting

**HEALTH AND SAFETY COMMISSION REGULAR MEETING**

**MINUTES**

Monday, May 22, 2023  
4:00 p.m.

**OPEN MEETING**

Date/Time: May 22, 2023 / 4:03 p.m.

**PLEDGE OF ALLEGIANCE**

Commissioner Chang led the Pledge of Allegiance.

**ROLL CALL**

Commissioners Present: Commissioners Baker, Chang, and Rosenthal (arrived at 4:12pm),  
Vice Chair Felsenthal, Chair Hilborne

Commissioners Absent:

Staff Present: Senior Policy and Management Administrator Gabriella Yap,  
Deputy Fire Chief Alfred Poirier, Fire Battalion Chief David Perusse,  
Fire Engineer Victor Gutierrez, Police Lieutenant Reginald Evans,  
Fire Administrator Michael Liongson, and Commission Secretary  
Karen Gutierrez

**COMMUNICATIONS FROM THE AUDIENCE**

Members of the public may address the Commission regarding any items not on the Agenda that are within the subject matter jurisdiction of the Commission. By State law, the Commission may not discuss or vote on items not on the Agenda.

Austin Shaheri submitted a written public comment.

**APPROVAL OF AGENDA**

With the concurrence of the Commission, the Chair may choose to amend the order of the items on the agenda.

By order of the Chair, the agenda was approved as amended to defer item #2 Moment of Mindfulness to the June 26, 2023, Health and Safety Commission meeting.

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## **CONSENT CALENDAR**

### **1. Consideration of minutes from the special Health and Safety Commission meeting on April 24, 2023.**

Motion: MOVED by Commissioner Chang, SECONDED by Vice Chair Felsenthal to approve the minutes as presented (4-0).

AYES: Commissioners Baker and Chang, Vice Chair Felsenthal, Chair Hilborne

ABSENT: Commissioner Rosenthal

NOES: None

## **REPORTS FROM PRIORITY AGENCIES**

- Beverly Hills Unified School District (BHUSD) – Beverly Hills Unified School District representative Rachelle Marcus spoke about various end of year activities and events like American Heritage Jewish Month, grade promotions, and graduation. She introduced Drew Stewart, the new Beverly Hills High School Principal. He spoke on securing the health and safety of the students and enhancing a learning environment. Lastly, a new commission advisory committee was established regarding behavior and discipline of the students.
- Beverly Hills Fire Department – C-Shift Battalion Chief David Perusse spoke on incidents and response metrics. He presented the department's month-to-month comparable metrics between April 2022 and April 2023 on several categories. No red flag warnings or strike team activations. Chief Perusse shared information on community outreach events such as the Annual Fire Service Day and the 31<sup>st</sup> Backdraft Ball event.
- Beverly Hills Police Department– Lieutenant Reginald Evans provided an update on Police Department metrics, statistics, and activities. He presented the department's month-to-month comparable metrics on various categories between March 2023 and April 2023. He spoke on Crime Prevention Through Environmental Design to prevent crime and make it less likely, as well as community outreach events such as the Police Service Day and its Pancake Breakfast and National Night Out. Community members can contact Sgt. Newman regarding home hardening evaluations.

## **CONTINUED BUSINESS**

### **2. Moment of Mindfulness**

Vice Chair Erica Felsenthal, PhD, will lead the Commission in a Moment of Mindfulness.

This item was postponed to the June 26, 2023 meeting.

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## **NEW BUSINESS**

### **3. Stroke Awareness and Education**

An informative presentation about symptoms and causes of stroke and other relevant important information the public should know, in honor of Stroke Awareness Month.

Dr. May Kim-Tenser, MD, MHA, FAHA, presented to the Commission in honor of Stroke Awareness month. She shared key information and statistics on the topic. Stroke is the number one cause of disability and number five cause of death among adults in the United States. Stroke affects the brain and can include inability to move one side of the body, understand or formulate speech, and see one side of the visual field. Some risk factors can include diet, hypertension, heart disease, diabetes, smoking, and family history. Emergency tips included the acronym F.A.S.T.

- Face – ask the person to smile and check if one side of the face drops.
- Arms – ask the person to raise both arms to check if one arm drifts downward.
- Speech – ask the person to repeat a simple phrase to check for slurred or strange speech.
- Time – if you observe any of these signs, call 9-11 immediately.

Les Bronte submitted a public comment.

### **4. Beverly Hills CPR Emergency Programs and Lifesaving Narcan**

Information about automated external defibrillators at Beverly Hills community centers and administering Narcan in an emergency.

Les Bronte, Administrative Coordinator of the Beverly Hills (BH) CPR Program, spoke on various emergency preparedness programs. He also highlighted that BH-CPR is averaging about 500 students per month. He also provided other important programs such as Stop the Bleed using tourniquets as blood stoppers, and Meals on Wheels to supply food for those who are homebound due to illness, age, or other health reasons. He announced that community members can purchase fire extinguishers from Beverly Hills CPR for \$30.00 by calling (310) 281-2753, which supports one of Chair Hilborne's initiatives as Chairperson for the 2023 calendar year.

### **5. Bolstering Mental Wellness and Resiliency**

An informative presentation on ways to bolster mental wellness and become more resilient by Health and Safety Commissioner and Clinical Neuropsychologist Erica Felsenthal, PhD.

Vice Chair Felsenthal spoke on the effects of stress on the body and led a mind body exercise. Chronic stress leads to increased cortisol production in the brain, which can kill brain cells; even minor daily stresses can lead to inflammation, poor health, and disease. She shared ways one can manage stress including physical exercise, healthy diet, creating a gratitude practice, as well as replacing unhealthy, irrational and distorted thoughts and attitudes with more healthy ways of thinking.

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**PROJECT UPDATES**

None.

**COMMUNICATIONS FROM THE COMMISSION**

- Chair's Report
  - Chair Hilborne attended the April 10, 2023, Mayor's Cabinet meeting. Highlights to the meeting were included in the packet for Commissioners to read.
- Commissioner Items
  - Commissioner Baker shared safety tips and ways to minimize mosquitoes.


**COMMUNICATIONS FROM STAFF**

- Director's Report
  - Staff shared information on upcoming events.
- Health and Safety Related Supplemental Information:
  1. Community Emergency Response Team (CERT) Newsletter May 2023
  2. Safely Using Hand Sanitizer
  3. Beverly Hills Fire Department Presents: Hoarding Awareness & Fire Risks
  4. Bipolar Disorder
  5. Blood Safety and Availability
  6. Pedestrian Safety
  7. West Nile Virus Advisory
  8. Mosquitoes and other Insects & Vectors
  9. Public Health Advisory Los Angeles County West Vector Control District
  - Health and safety related supplemental information was included in the packet for Commissioners to read.

**ADJOURNMENT**

Date / Time: May 22, 2023 / 6:13 p.m.

PASSED AND APPROVED THIS 26<sup>th</sup> DAY OF JUNE, 2023

  
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Lee Hilborne, Chair