It’s easy to participate!

- Using the easy-to-use checklist on the back of this flyer, join the Office of Emergency Management by participating in a variety of preparedness activities throughout the month.

- Upon completion of the campaign, submit the “Resolve 2B Ready” Pledge Card below to your department emergency management representative.

Every city employee is encouraged to be prepared in the event of an emergency or disaster. Every employee that participates in this campaign will be entered into a drawing. At the end of the month, one employee from each department will be randomly chosen to win a prize!
Week 1: Disaster Planning During a Pandemic
Have you checked on / updated your emergency supplies since the pandemic started? Help us build a culture of preparedness in the City of Beverly Hills by staying prepared before, during, and after a disaster.

- Show us your face covering! Send a picture in your face covering to npm2020@beverlyhills.org for a chance to be featured on the Bevy.

Week 2: Mental Health in the Time of COVID-19
Has COVID-19 disrupted your routine or made everyday activities challenging? These changes can create feelings of stress, fear, and nervousness. While it’s normal to experience these emotions, acquiring coping tips can help you manage your response to these feelings.

- Take care of your emotional health! Taking care of your emotional health will help you think clearly and react to the urgent needs to protect yourself and your family. Click the link to learn new, healthy ways of coping with stress.
- Do you have a favorite quote that helps you relax, maintain a positive attitude or be mindful? Submit your favorite quote to npm2020@beverlyhills.org.

Week 3: If You See Something, Say Something.
We all have a duty to keep our communities safe by paying attention to our surroundings and reporting suspicious activity.

- Did you know that the 5 major sports leagues (MLB, NBA, NFL, MLS & NHL) also promote “If You See Something, Say Something?” Show us your favorite sports team shirt or jersey! Send a picture in your team gear to npm2020@beverlyhills.org.

Week 4: Internet Safety
The internet allows us to keep learning, connect with friends, and family, and work remotely. Make sure you use the internet in a safe and secure way. Protect your passwords, protect your personal information, and monitor your household’s online actions.

- Watch the City’s DangerStoppers video and learn how to “Protect Your Identity” online. https://vimeo.com/109728793

For additional information on any of the above items, please call the Office of Emergency Management at 310-285-1021.