

# WHEN IT ROCKS.. ARE YOU READY TO ROLL?

Participate in the April 2005 ❖ City of Beverly Hills  
"I'm Prepared!" Employee Pledge Drive

One of the most important things you can do to protect your family and yourself is to have an emergency preparedness kit at home that will sustain your household for at least 72 hours. In the spirit of fun, competitiveness and emergency preparedness, the City of Beverly Hills proudly announces its first annual "When It Rocks, Are You Ready To Roll?" employee pledge drive.

## It's easy to participate!



- ❖ Just put together or update the supplies for a basic preparedness for your home by using the handy checklist on the back of this flier.
- ❖ When your kit is ready, then - - with pride - - complete the "I'm Prepared!" Pledge Card below and turn it in to your department.

Every City employee is encouraged to be prepared in the event of an emergency or disaster. This is a citywide competition between departments. The department with the highest percentage of employees completing their preparedness kits will win a prize. This is one pledge drive that can helping you and your loved ones be prepared!



**Yes!**



## WHEN IT ROCKS .. I AM READY TO ROLL?

I have an emergency preparedness kit at home that will sustain my household for at least 72 hours.

Signature: \_\_\_\_\_ Name (printed legibly): \_\_\_\_\_

Department/Division: \_\_\_\_\_ Date: \_\_\_\_\_

**Please submit by April 27, 2005 to your Department.**

# WHEN IT ROCKS.. ARE YOU READY TO ROLL?

## Basic Emergency Preparedness Kit

**T**he first 72 hours after an earthquake are critical. Electricity, gas, water and telephones may not be working. In addition, public safety services such as police, fire and Public Works departments will be busy handling serious crises. Prepare to be self-sufficient (able to live without running water, electricity, gas, and telephones) for at least three days following a quake. To do so, keep in a central location the following:

- Food.** Enough for 72 hours, preferably one week.
- Water.** Enough so each person has a gallon a day for 72 hours (ideally one week). Store in airtight containers and replace it every six months. Store disinfectants such as iodine tablets or chlorine bleach (eight drops per gallon) to purify water, if necessary.
- First aid kit.** Make sure it's well stocked, especially with bandages and disinfectants.
- Fire extinguisher.** Your fire extinguisher should be suitable for all types of fires. Teach all family members how to use it.
- Flashlights with extra batteries.** Keep flashlights beside your bed and in several other locations. DO NOT use matches or candles after an earthquake until you are certain there are no gas leaks.
- Portable radio with extra batteries.** Telephones may be out of order or limited to emergency use. The radio will be your best source of information.
- Extra blankets, clothing, shoes and money.**
- Alternate cooking source.** Store a barbecue or camping stove for outdoor cooking. CAUTION: Be sure there are no gas leaks before using any kind of fire for cooking, and never use charcoal indoors.
- Special Items.** Have at least a week's supply of medications and food for infants and those with special needs. Don't forget supplies and food for your pets.
- Tools.** Have an adjustable wrench for turning off gas and water.

