

WHEN IT ROCKS.. ARE YOU READY TO ROLL?

Participate in the 2009 City of Beverly Hills "I'm Prepared!" Community Pledge Drive

One of the most important things you can do to protect your family and yourself is to have an emergency preparedness kit at home that will sustain your household for at least 72 hours. In the spirit of fun, competitiveness and emergency preparedness, the City of Beverly Hills proudly announces its first "When It Rocks, Are You Ready To Roll?" community pledge drive.

It's easy to participate!



- ❖ Just put together or update the supplies for basic preparedness for your home by using the handy checklist on the back of this flyer.
- ❖ When your kit is ready, then—with pride—complete the "I'm Prepared!" pledge card below and send it to the address listed. You may also submit your pledge card online at www.beverlyhills.org/pledge.

The community is encouraged to be prepared in the event of an emergency or disaster. A random drawing of returned pledge cards will take place at the first City Council meeting for the month of June. Prize to be announced.



DETACH PLEDGE CARD HERE



WHEN IT ROCKS...AM I READY TO ROLL?

Yes!

I have an emergency preparedness kit at home that will sustain my household for at least 72 hours.

Signature: _____ Name (printed legibly): _____

Contact #: _____ Email or alternate #: _____

Please submit by June 1, 2009 to City of Beverly Hills
Office of Emergency Management 455 N. Rexford Dr. Beverly Hills, CA 90210

WHEN IT ROCKS.. ARE YOU READY TO ROLL?

Basic Emergency Preparedness Kit

The first 72 hours after an earthquake are critical. Electricity, gas, water and telephones may not be working. In addition, public safety services such as Police, Fire and Public Works departments may be busy handling serious crises. Prepare to be self-sufficient (able to live without running water, electricity, gas, and telephones) for at least seven days following a quake. To do so, keep in a central location the following:

- Food.** Enough for at least 72 hours, preferably one week.
- Water.** Enough so each person has a gallon a day for 72 hours (ideally one to two weeks). Store in airtight containers and replace every six months. Store disinfectants such as iodine tablets or chlorine bleach (eight drops per gallon) to purify water, if necessary.
- First aid kit.** Make sure it's well stocked, especially with bandages and disinfectants.
- Fire extinguisher.** Your fire extinguisher should be suitable for all types of fires. Teach all family members how to use it.
- Flashlights with extra batteries.** Keep flashlights beside your bed and in several other locations. DO NOT use matches or candles after an earthquake until you are certain there are no gas leaks.
- Portable radio with extra batteries.** Telephones may be out of order or limited to emergency use. The radio will be your best source of information. Tune to 1500 AM for local emergency information.
- Extra blankets, clothing, shoes and money.**
- Alternate cooking source.** Store a barbecue or camping stove for outdoor cooking. CAUTION: Be sure there are no gas leaks before using any kind of fire for cooking and never use charcoal indoors.
- Special Items.** Have at least one week's supply of medications and food for infants and those with special needs. Don't forget supplies and food for your pets.
- Tools.** Have an adjustable wrench for turning off gas and water.

