

CITY OF BEVERLY HILLS

Room 280A 455 North Rexford Drive Beverly Hills, CA 90210

In-person / Telephonic / Video Conference Meeting

HEALTH AND SAFETY COMMISSION REGULAR MEETING

MINUTES

Monday, June 26, 2023 4:00 p.m.

OPEN MEETING

PLEDGE OF ALLEGIANCE

Deputy Fire Chief Alfred Poirier led the Pledge of Allegiance.

ROLL CALL

Commissioners Present: Commissioners Baker, Chang, and Rosenthal, Vice Chair

Felsenthal, Chair Hilborne

Commissioners Absent:

Staff Present: Senior Policy and Management Administrator Gabriella Yap,

Deputy Fire Chief Alfred Poirier, Fire Battalion Chief David Perusse, Police Lieutenant Reginald Evans, Human Service Outreach Manager Enisha Clark, Emergency Management Manager Meena Janmohamed, Management Assistant Austin Brault, and

Commission Secretary Karen Gutierrez

COMMUNICATIONS FROM THE AUDIENCE

Members of the public may address the Commission regarding any items not on the Agenda that are within the subject matter jurisdiction of the Commission. By State law, the Commission may not discuss or vote on items not on the Agenda.

There was no communication from the audience.

APPROVAL OF AGENDA

With the concurrence of the Commission, the Chair may choose to amend the order of the items on the agenda.

By order of the Chair, the agenda was approved as amended to hear item #5 Beverly Hills Day of Wellness, before Reports from Priority Agencies.

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CONSENT CALENDAR

 Consideration of minutes from the Health and Safety Commission regular meeting on May 22, 2023.

Movien: Moved by Commissioner Chang, SECONDED by Commissioner Baker to

approve the minutes as presented (5-0).

AYES: Commissioners Baker, Chang, Rosenthal, Vice Chair Felsenthal, Chair

Hilborne

ABSENT: None

NOES: None

5. Beverly Hills Day of Wellness

A discussion on proposed Beverly Hills Day of Wellness mental health event in collaboration with the Human Relations and Recreation and Parks Commissions.

Humans Relations Commission Chair Noelle Freeman spoke on Beverly Hills Day of Wellness event scheduled on September 10, 2023, at Roxbury Park. This proposal approved by the City Council Liaisons on May 17, 2023. The event is in collaboration with the Human Relations Commission, Recreation and Parks Commission, and Health and Safety Commission in conjunction with Teen Advisory Committee. It will be an all-day event, which will include activities such as yoga, age related science based mental health exercises, and meditation. Chair Freedman proposed forming an Ad Hoc Committee to include all members of the Health and Safety Commission. The Health and Safety Commission will hear monthly progress updates, as it pertains to planning and implementation.

REPORTS FROM PRIORITY AGENCIES

- Beverly Hills Unified School District) Beverly Hills Unified School District representative, Rachelle Marcus, spoke about various activities and events such as summer camps and workshops, classroom and campus maintenance, and programs to address afterschool activities for working parents.
- Beverly Hills Fire Department

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- Beverly Hills Police Department Lieutenant Reginald Evans provided an update on Police Department metrics, statistics, and activities. He presented the department's month-to-month comparable metrics on various categories between April 2023 and May 2023, and shared safety tips such as being aware of surroundings and limit your distraction, keep purses and wallets within view when dining, and shield your pin when at an ATM. He also spoke on community outreach events such Coffee with a Cop, summer

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camp program, National Night Out, and Citizens Academy. Community members can contact Sgt. Newman at inewman@beverlyhills.org regarding home hardening evaluations.

CONTINUED BUSINESS

2. Outdoor Siren Warning System Update

Provides an informational update on the status of the Citywide Outdoor Warning Siren System.

Emergency Management Manager Meena Janmohamed provided a progress report on the Outdoor Siren Warning System. The City of Beverly Hills is one of the first cities to utilize an outdoor siren warnings system back in late 2019. It is a fire warning system, which is like tornado and tsunami warning systems. Other notification resources include Everbridge, Nixle, Wireless Emergency Alerts, and door-to-door notifications. Twelve sirens are to be installed, six will be placed north of Sunset Blvd. and six south of Sunset Blvd. Infrastructure construction is underway with an estimated completion of end of Summer 2023.

3. Moment of Mindfulness

Vice Chair Erica Felsenthal, PhD, will lead the Commission in a Moment of Mindfulness.

Vice Chair Eric Felsenthal referenced articles contained in the packet, which addressed ways to feel less anxious. She led the Commission in a breathing exercise while suctioning the tongue at the roof of the mouth, which activates the rest and digest state and the Vagus nerve to stimulate relaxation response.

NEW BUSINESS

4. Emergency Management and Raising Awareness for Safety

A presentation on how to keep your environment safe and reducing leading causes of injury on the road, in our homes, and communities in honor of National Safety Month.

In the interest of time, this item was heard after Reports from Priority Agencies. Cory Wenter of Pangaea Consulting shared key information on ways to be prepared for emergencies and respond to and recover from disasters. Tips included having a family emergency plan and supplies kit, getting involved in community programs, and having a safety mindset by having situational awareness and being empowered to act. He encouraged the community to sign up for emergency alerts and notifications.

6. Beat the Heat

A presentation addressing sun safety information, resources, and tips to beat the heat.

Management Assistant Austin Brault spoke on 2023 Summer Weather forecast and excessive heat advisory. He spoke on the importance of wearing sun protection, heat-related illnesses, and remedies. He also shared safety tips to the community, which included wearing wide-brimmed hats, resting in shady areas, using sunglasses, and

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donning of lightweight and light-colored clothing. The community is encouraged to see out cooling centers by visiting www.ready.lacounty.gov/heat or visiting the Beverly Hills Public Library.

7. Smoking Decals within the Beverly Hills Business District

Information on the smoking decals in the public right-of-way to serve as friendly reminders to the Beverly Hills community.

Senior Policy and Management Administrator Gabriella Yap provided information to the Commission on installing smoking decals on Beverly Dr. and La Cienega Blvd. The City Manager's Office is working with the Public Works Department to identify additional areas that need decals and if existing decals need to be replaced.

PROJECT UPDATES

None

COMMUNICATIONS FROM THE COMMISSION

- Chair's Report
 - Mayor's Cabinet Meeting Highlights May 8, 2023
 - Chair Hilborne attended the April 10, 2023, Mayor's Cabinet meeting.
 Highlights to the meeting were included in the packet for Commissioners to read.
- Commissioner Items
 - Spoke on safety tips regarding circuit breakers.

COMMUNICATIONS FROM STAFF

- Director's Report
 - Staff shared information on upcoming events.
- Health and Safety Related Supplemental Information:
 - 1. Community Emergency Response Team (CERT) Newsletter June 2023
 - 2. 8 Ways to Feel Less Anxious About Things Beyond your Control
 - 3. Checklist of Cognitive Distortions
 - 4. 10 Ways to Untwist Your Thinking
 - 5. Social Media Risks for Youth Mental Health Highlighted in New Surgeon General Report
 - 6. JICBH Social Media QR Codes
 - 7. LA County Heart Hero Get Trained in Hands-Only CPR
 - 8. Outage Preparation Tips
 - 9. Tips for Charging Your Phone During an Outage
 - Health and safety related supplemental information was included in the packet for Commissioners to read.

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ADJOURNMENT

Date / Time: June 26, 2023 / 6:10 p.m.

PASSED AND APPROVED THIS 24th DAY OF JULY, 2023

Lee Hilborne

Lee Hilborne, Chair